

**BERNINA+**

# Contemporary ZEN

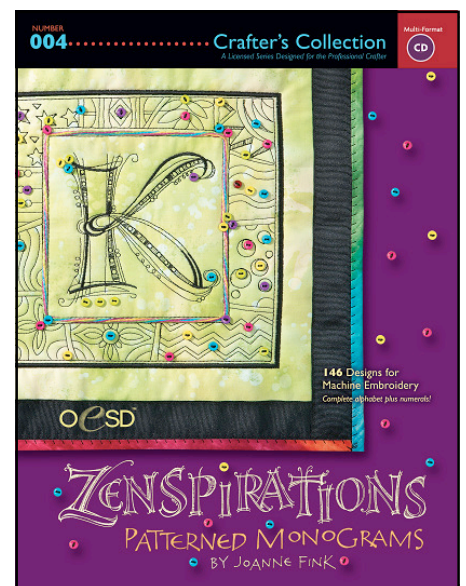


The strong contrast of two colors and the bold graphic stitched initial taken from OESD *Zenspirations* design collection make this piece of contemporary wall art something that makes a statement about you. Start with a deep color such as black, navy blue, or red. Add a bright coordinating color for contrast and pull the look together with mixed ribbons and buttons.

*Finished size: 12" x 12"*

## Supplies

- BERNINA Embroidery System
- Large Oval Hoop
- 2 pieces of OESD heavy cut-away stabilizer, 12" x 12" each
- 101 Quilt Basting Spray
- 12" x 12" piece of felt in deep color such as black, navy blue, or red (color 1)
- Isacord embroidery thread in colors 1 & 2
- 12" x 12" background fabric in a bright coordinating color (color 2)  
Note: The background fabric can be solid, or for more interest look for subtle prints or textures.
- 12" of 1½"-wide ribbon in color 1 (shown in black)
- 12" of 1"-wide ribbon that combines or coordinates with colors 1 & 2 (shown in green and black)
- 1¼ yard of 5⁄8"-wide ribbon in a coordinating ribbon (shown in black & white check)
- Lite Steam-A-Seam Fusible Tape, ½"-wide
- 4 small decorative buttons in color 2
- 12" x 12" decorative frame (scrapbook-type frame)
- Edgestitch Foot #10/10C/10D
- Button Sew-On Foot #18



OESD Crafter's Collection #004  
**Zenspirations**

## Preparation

1. Using the quilt basting spray, adhere one piece of cut-away to the wrong side of the felt and one to the wrong side of the background fabric.
2. Hoop the stabilized felt, approximately in the center of the square.

## Stitching the Letter

3. Select the large, 1-color letter of your choice; the size will be approximately 6" tall.
4. Stitch the letter in the center of the hoop using Isacord thread.
5. Remove the hoop from the machine *but do not remove the stabilizer*.
6. Trim the felt/stabilizer, leaving at least 1" around all sides of the letter. Note: The final size of this piece will vary depending on the letter. The sample shown is approximately 6" x 7". Set aside.

## Preparing the Background

7. Center the 2-color ribbon on top of the wide ribbon. Using Edgestitch Foot #10/10C/10D, stitch the ribbon in place along the side edges.
8. Position the layered ribbons across the stabilized background fabric, at the horizontal center; edgestitch in place.

## Assembling the Art

9. Place the trimmed felt piece in the center of the background square, placing it on top of the layered ribbons; baste in place.
10. Cut the remaining ribbon into 4 equal pieces. Lay them along the edges of the basted felt piece and trim the ribbons to the approximate size needed.
11. Cut 4 pieces of Lite Steam-A-Seam Fusible Tape to match the trimmed ribbons. Peel the tape from the paper and press one piece to the wrong side of each of the four ribbon pieces.
12. Place one piece of ribbon over each side edge of the felt with about 1" extending on each end. Following the manufacturer's directions, fuse the ribbon in place.
13. Repeat with the two remaining ribbons and the upper and lower edges of the felt. Note: The ribbon can be stitched after fusing for added security.

## Finishing

14. Stitch the decorative buttons in the corners where the ribbons overlap; place finished piece in frame.



For directions to make the project shown on the cover of the *Zenspirations Design Collection* (Crafter's Collection 003), go to:

[www.berninausa.com](http://www.berninausa.com)

