

we all *sew*

made to create **BERNINA**⁺



Created by Nicole Smith

Square Deal Vest

materials and tools

- 2 yards of fabric
- 6 yards of ½"-wide double-fold bias binding
- Measuring tape
- French curve (optional)
- Pattern paper
- Marking tools
- Pins
- Thread to match binding
- Steam iron
- Edgestitch foot (optional)
(BERNINA Edgestitch Foot)

The boldest statements are often the simplest. Based on a simple geometric shape, this vest is easy to sew and striking to wear. Drape yourself in contemporary style with a modern take on a traditional garment.



step one

- Measure from the end of your shoulder to the middle of your neck.
- Record this as Measurement A.

A = _____



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step two

- Measure the width of your back at your bust level, just below your arm, from the side seam to the center back.

- Record this as Measurement B.

B = _____



step three

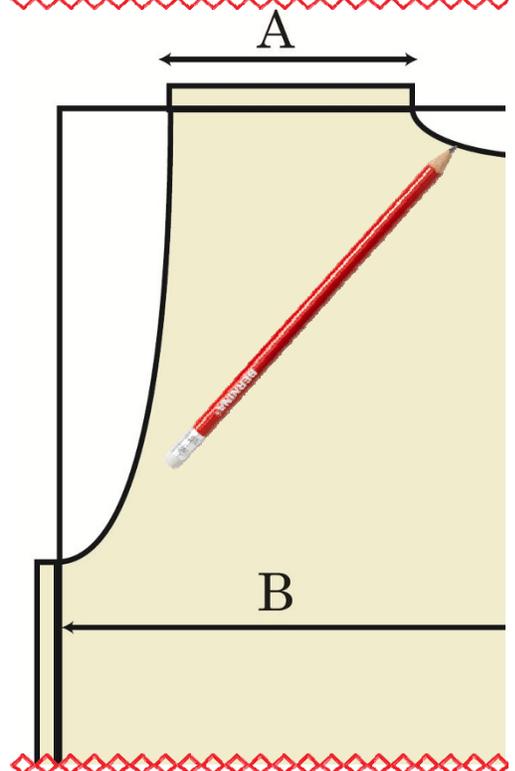
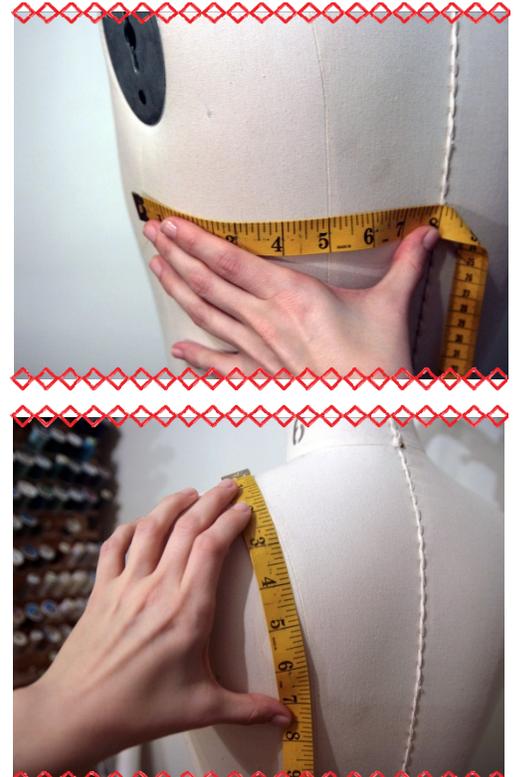
- Measure the distance from your shoulder down to the line where you took Measurement B.

- Record this as Measurement C.

C = _____

step four

- Draw your vest pattern on pattern paper following the diagram on page X.
 - ◇ For the armhole, draw the shoulder (A) about 1½" from the side edge.
 - ◇ Drop the neckline 1". For help drawing the armhole and neckline, use a French curve.
 - ◇ Make the vest as long as you like.
 - ◇ Add ½"-side seam allowances to the shoulder and side seam edges.



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step five

- Cut one right front using the entire pattern.
- Turn the pattern over. Cut one left front using the entire pattern
- Cut one back on the fold, omitting the 18" extension.



step six

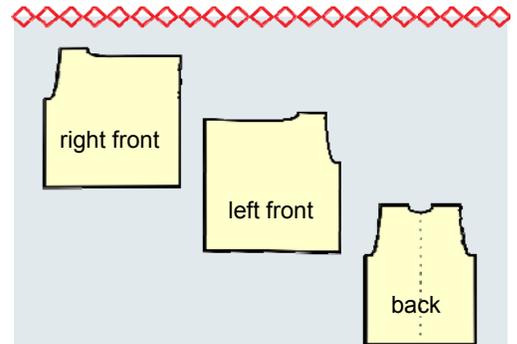
- Sew the vest fronts to the vest back along the shoulder edges with a 1/2"-wide seam allowance, right sides together.
- Press the seam allowances open.

step seven

- Sew the vest fronts to the vest back along the side edges with a 1/2"-wide seam allowance, right sides together.

step eight

- Press the shoulder and side seam allowances open.



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step nine

- Pin a piece of bias tape to the bottom edge of the vest, enclosing the raw edge.

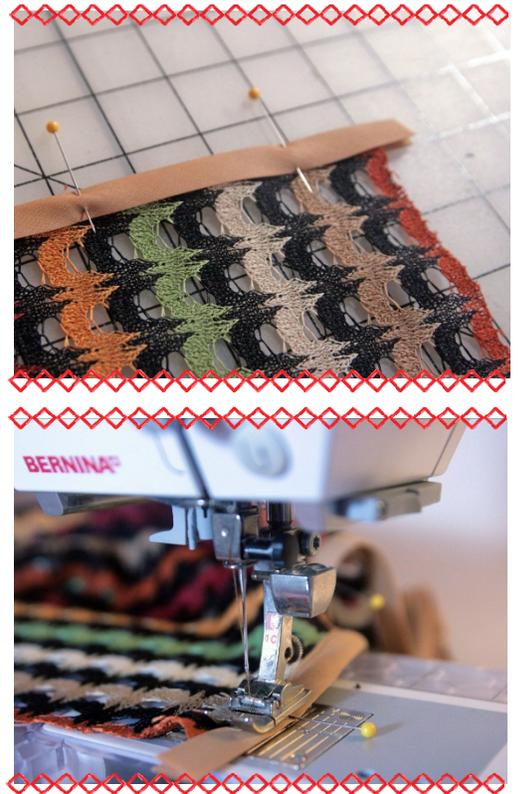


step ten

- Sew the bias tape in place, stitching along the inner edge.

Sewing Tip

Having trouble stitching along an edge evenly? Try an edgestitch foot! Adjust the blade (or your needle position) so the blade rests on the edge and the needle is 2-3 mm to one side. Move the edge (or seam or fold) along the guide, and your stitching will be perfectly placed—so easy!



step eleven

- Measure the circumference of one armhole. Cut a piece of bias tape 1" longer than the armhole measurement.
- With a lot of steam in your iron, press the bias tape into a curve by pulling the bias tape as you press it.



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step twelve

- Pin the bias tape to the vest armhole, starting at the side seam (bottom of the armhole), enclosing the raw edge inside the bias tape.
- At the end, open the bias tape and turn under about $\frac{1}{2}$ ". Refold and pin in place, overlapping the other end of the bias tape.
- Stitch the bias tape in place along the inner edge.



step thirteen

- Apply bias tape to the neckline edges (including the top edge of the extensions), enclosing the raw edge. Steam, curve, and press the bias tape to fit.
- Stitch the bias tape in place along the inner edge.



step fourteen

- Apply bias tape to the center front edges, enclosing the raw edges, leaving $\frac{1}{2}$ " tails at the beginning and end of each edge.
- At the upper and lower corners, open the bias tape and turn under $\frac{1}{2}$ ". Refold and pin in place, overlapping the previously bound edge.
- Stitch the bias tape in place along the inner edge.



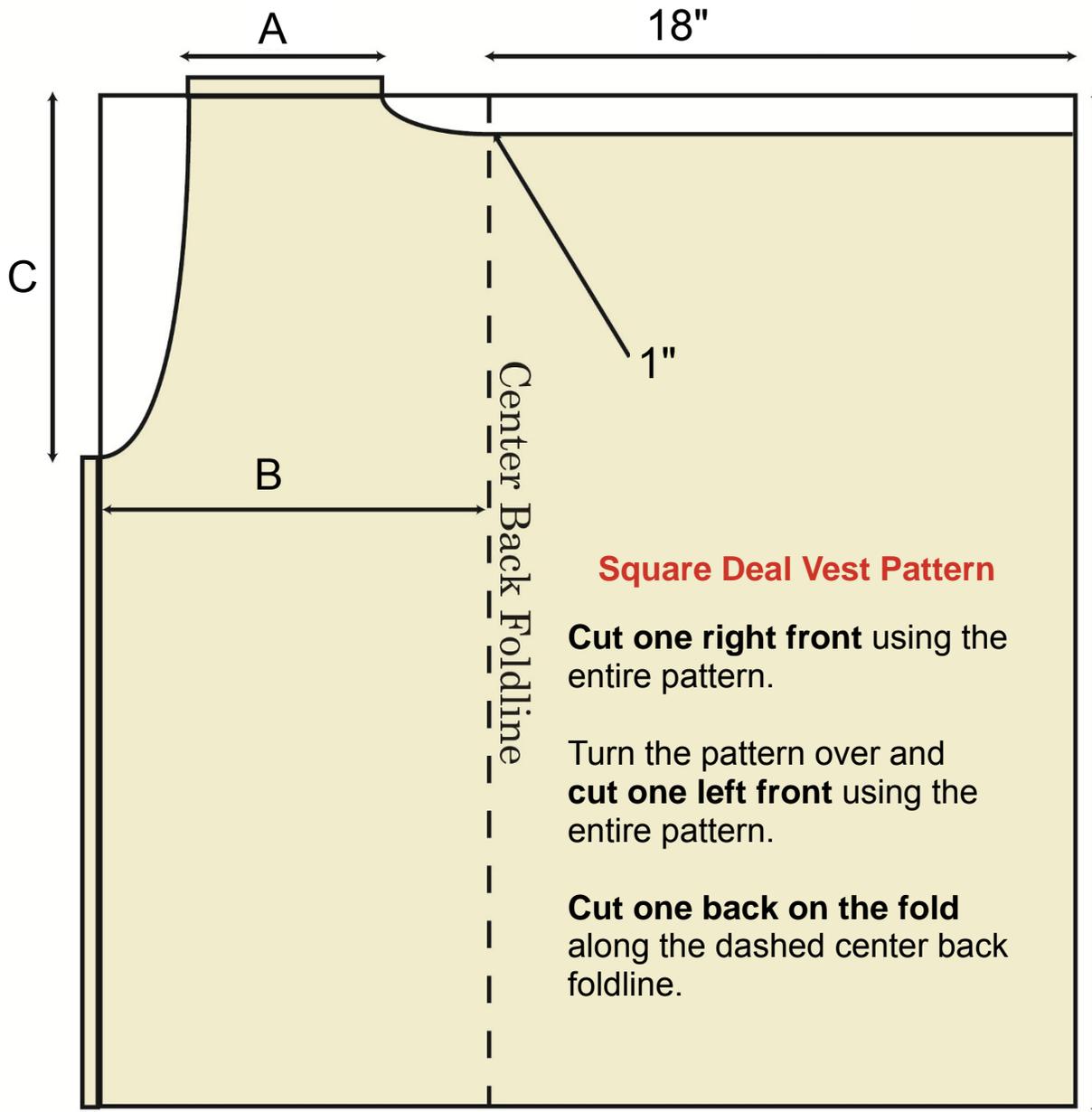
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Square Deal Vest Pattern Diagram

Draft your vest pattern—custom fit to your personal measurements—following the instructions on pages 1-2.



Square Deal Vest Pattern

Cut one right front using the entire pattern.

Turn the pattern over and **cut one left front** using the entire pattern.

Cut one back on the fold along the dashed center back foldline.

