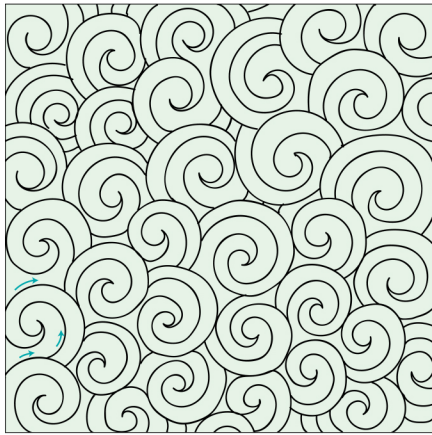# FREE-MOTION QUILTING IDEAS!
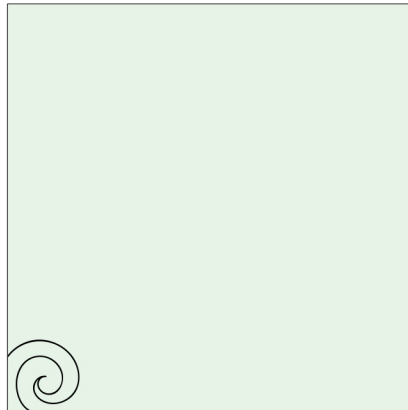
With BERNINA Quilting and Longarm Spokespserson Amanda Murphy
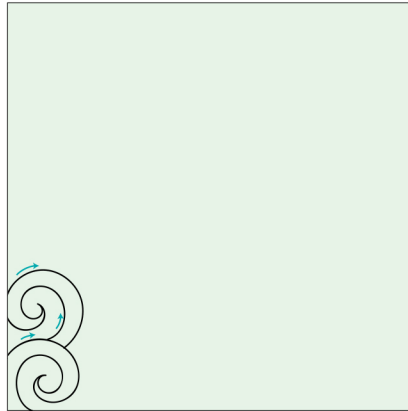
CLOSED SWIRLS

Page 1

1 Travel into the center of each swirl and then travel out until you hit the edge of a previous swirl or the edge of a block.
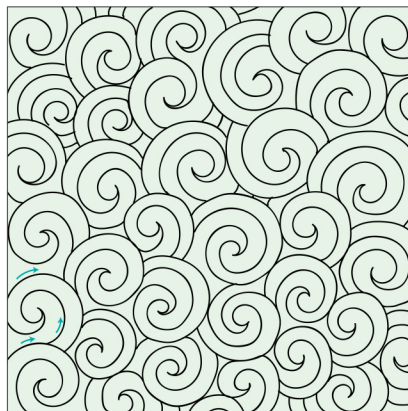
Hint: *Try to split the distance between the lines as you travel out to create a more even swirl.*

2 Then you travel along the edge of either a swirl or a block before branching out into the next swirl.
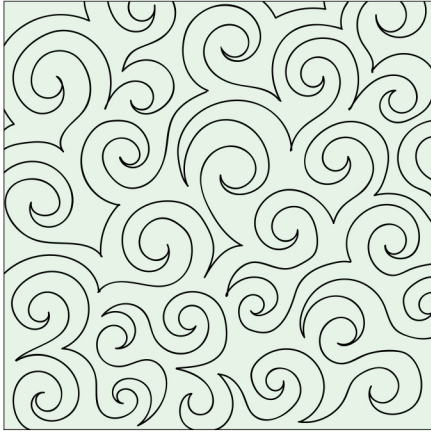
3 Continue making swirls until you fill the space.

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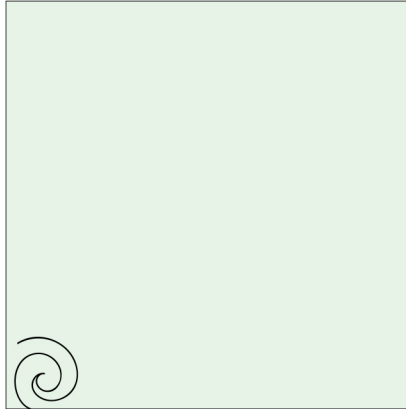
FREE-MOTION QUILTING IDEAS!

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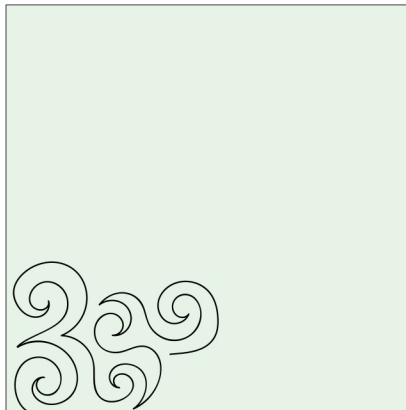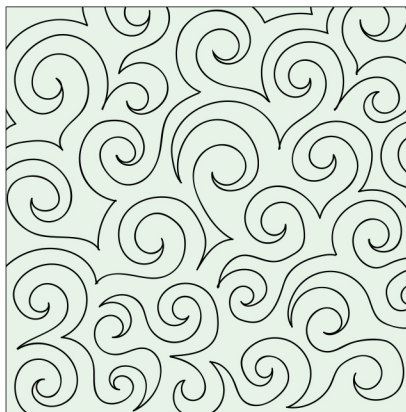
OPEN SWIRLS

Page 2

1 Travel into the center of the swirl and then travel out as with the closed swirl, but this time stop before you hit the edge an adjacent motif.

2 Bounce or echo around the shape to start your next swirl.

3 Continue until you fill the space with beautiful open swirls!

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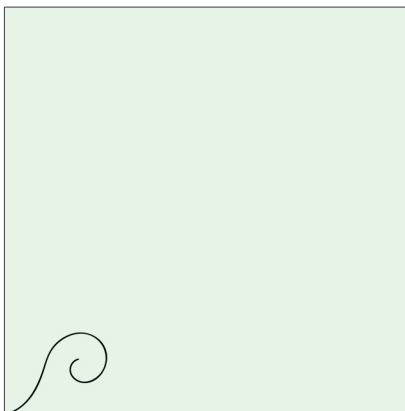
FREE-MOTION QUILTING IDEAS!

With BERNINA Quilting and Longarm Spokespserson Amanda Murphy
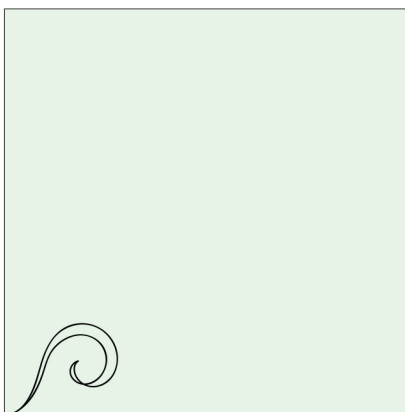
SWIRLS ON STEMS

Page 3

1 Begin stitching a "swirl on a stem" but starting with a slightly curved line and curing more until you form a swirl.

2 Travel back along your quilting line. You can stay close, or even cross, your previous quilting.

3 Travel a little farther along the stem and start another swirl.

Continue on, adding leaves if desired.

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