

EQUILATERAL TRIANGLE TABLE RUNNER

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FINISHED TABLE RUNNER SIZE: 41.5" X 14.5"

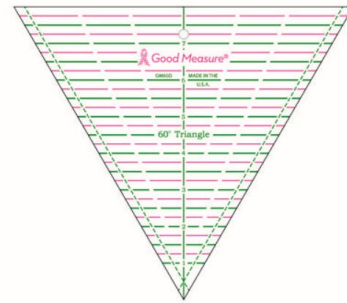
SUPPLIES:

- 18 squares of different fabric 10" X 10"
- ½ yard for fabric backing
- Thread to match fabric
- Insul Bright By The Warm Company
- Spinning 12" Rotary Mat
- Good Measure 60 Degree Triangle Ruler
- 505 Temporary Spray Adhesive
- 9 mm Patchwork Foot #97/97D
- Optional feet for quilting
 - Walking Foot #50
 - Freehand Quilting Foot #29/29C
 - Freehand Embroidery Foot #24
 - Adjustable Ruler Foot #72

INSTRUCTIONS:

All seams in this project are ¼" unless otherwise stated.

1. The Good Measure 60 degree triangle ruler by Kay England is used to make this fast and easy table runner.



2. All of the Good Measure Ruler are made to work together for many of your projects.

3. To make cutting the triangles easier we are going to use a cutting mat that turns. Cut all 18 triangles turning the mat as you go.



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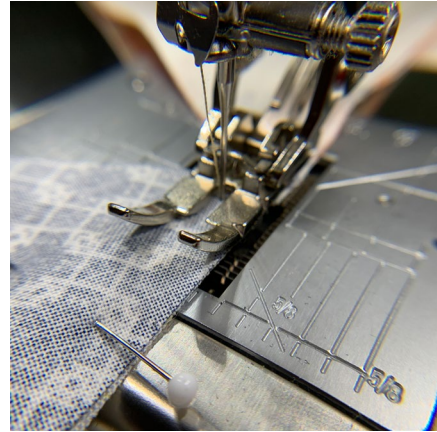
4. When working with a bias edge as there are on these triangles on two sides, try to keep the straight of the grain to the outside edge. Putting it on the outside edge so that the project will help it lay flat and straight when putting the binding on.



5. Lay your triangles out and in a pleasing manner. Check the grain.



6. Stitch the triangles together using a ¼ inch seam and foot #97D with the Dual Feed engaged.



7. To make sure they are stitched like the layout first take a picture and use it for reference.



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8. Press the seams open in this project to help the intersection lay flat and help with lining up the points.

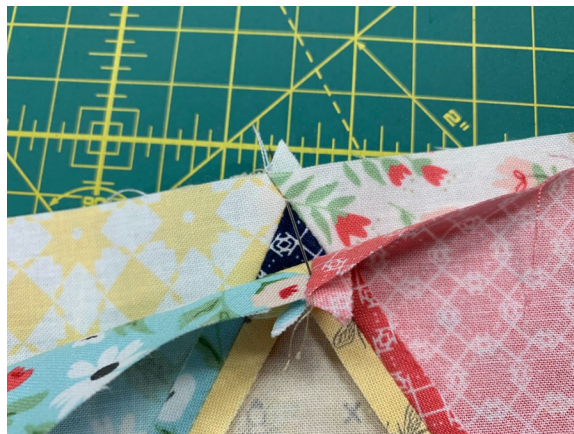


9. Make two rows of 9 triangles in each.



10. Don't trim your dog ears off until you have the rows finished. This will help with lining up the triangle and give you the point that is $\frac{1}{4}$ inch away from the edge.

11. With the two rows of 9 triangles stitch them together. To help keep those points just place a pin through the point on the top row and then through the point on the bottom row.



12. Leaving the pin where it is, bring the two rows close together and place a pin on each side of the one going straight through. Now remove the pin in the middle.



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13. Stitch across.

14. Open the seam up and look at those great points still right there. Press seams open.



15. Layer the runner top and the batting and backing to get ready to quilt. Putting Insul-Bright by the Warm Company in the table runner will help if there is something warm that needs to be placed on it.

16. You could use your walking foot and quilt straight line or decorative stitches. You could free-motion quilt, ruler work quilt or even put on frame with longarm and quilt.

17. With quilting completed it is time to trim. Make sure you leave the ¼" from the points.



18. Then add binding. Use a small 2 inch cut binding to have a ¼ inch showing on the front of the runner to show off these great points on the triangles.