SUPPLIES:
• 10 pieces light-colored muslin 4” x 8”
• Red, Blue, Green, and Yellow Seracor
• Microm pen
• BERNINA Overlocker

INSTRUCTIONS

Create the Balanced Stitch Sample:
• Thread the machine, matching the color of thread to the corresponding color code on the Overlocker.
• Set all tensions (Upper Looper, Lower Looper, Right Needle and Left Needle) to the default setting of 4.
• Place two pieces of muslin together. Label “Balanced Stitch”. Label “front” and “back”.
• Sew down one long edge.

Create the Upper Looper Sample:
• Place two pieces of muslin together. Label “Upper Looper”. Label “front” and “back”.
• Tighten the Upper Looper tension to 9 and sew down one long edge. Label this seam “Too Tight”.
• Loosen the Upper Looper tension to 1 and sew down the other long edge. Label this seam “Too Loose”.

Create the Lower Looper Sample:
• Reset the Upper Looper tension to 4.
• Place two pieces of muslin together. Label “Lower Looper”. Label “front” and “back”.
• Tighten the Lower Looper tension to 9 and sew down one long edge. Label this seam “Too Tight”.
• Loosen the Lower Looper tension to 1 and sew down the other long edge. Label this seam “Too Loose”.

Create the Right Needle Sample:
• Reset the Lower Looper tension to 4.
• Place two pieces of muslin together. Label “Right Needle”. Label “front” and “back”.
• Tighten the Right Needle tension to 9 and sew down one long edge. Label this seam “Too Tight”.
• Loosen the Right Needle tension to 1 and sew down the other long edge. Label this seam “Too Loose”.

Create the Left Needle Sample:
• Reset the Right Needle tension to 4.
• Place two pieces of muslin together. Label “Left Needle”. Label “front” and “back”.
• Tighten the Left Needle tension to 9 and sew down one long edge. Label this seam “Too Tight”.
• Loosen the Left Needle tension to 1 and sew down the other long edge. Label this seam “Too Loose”.

Assemble Booklet:
Place the samples together, overlapping them by a few inches. Sew a balanced overlock stitch across the top to hold the samples together.