SIX LESSONS:

1. Materials & Cutting Fabric
2. Half-Square Triangles & How to Sew Them
3. Quarter-Square Triangles
4. Stitching Four Blocks
5. Flying Geese Borders
6. Quilting & Finishing

36" x 36", 15" blocks and 3" wide borders

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MATERIALS & CUTTING FABRIC

Materials:
- Quilter’s 8” Quick Quarter
- 6” x 12” ruler, 6” x 24” ruler, mat, and rotary cutter
- 6” square ruler with 45-degree angle line
- Pincushion (Zirkel)
- Straight pins (glass head)
- Marking pencil
- Neutral thread to blend with fabric (tan would work well with red/green quilt; light to medium gray for teal/blue quilt)
- Snips
- Iron
- Sewing machine with new needle; fill 2 bobbins

Fabric:

<table>
<thead>
<tr>
<th>COLOR</th>
<th>VALUE</th>
<th>YARDAGE</th>
<th>ALTERNATE COLOR SCHEME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Light Green</td>
<td>(Light)</td>
<td>3/6 yd.</td>
<td>Light Teal</td>
</tr>
<tr>
<td>Dark Green</td>
<td>(Dark)</td>
<td>1 yd.</td>
<td>Dark Teal</td>
</tr>
<tr>
<td>Gold</td>
<td>(Medium)</td>
<td>½ yd.</td>
<td>Gold</td>
</tr>
<tr>
<td>Red</td>
<td>(Medium)</td>
<td>¾ yd.</td>
<td>Blue</td>
</tr>
<tr>
<td>Background</td>
<td>(Light)</td>
<td>1 yd.</td>
<td>Light Tan</td>
</tr>
<tr>
<td>Backing</td>
<td></td>
<td>1¼ yd.</td>
<td></td>
</tr>
</tbody>
</table>
Cutting Instructions:

**From Light Green or Light Teal:**
- Cut 1 – 9" square for QSTs (star points)
- Cut 2 – 8" squares for Multiple HSTs (with Gold)

**From Dark Green or Dark Teal:**
- Cut 16 – 3½" squares (star corners)
- Cut 1 – 4" square for HSTs (corners of 2 blocks)
- Cut 40 – 3½" squares for Flying Geese border
- Cut 4 – 3½" squares (border corners)
- Cut 4 – 2¼" strips x width of fabric for binding

**From Gold:**
- Cut 2 – 4" squares for HSTs on corners
- Cut 2 – 8" squares for Multiple HSTs (with Light Green)
- Cut 1 – 9" square for QSTs (star points)

**From Red or Dark Blue:**
- Cut 4 – 8" squares for Multiple HSTs (with Background)
- Cut 2 – 9" squares for QST (star points)
- Cut 1 – 4" square for HSTs (corners of 2 blocks)
- Cut 4 – 3½" square for center of blocks

**From Background:**
- Cut 16 – 3½" squares
- Cut 4 – 8" squares for Multiple HSTs (with Red)
- Cut 20 – 3½" x 6½" squares for Flying Geese border

Next Lesson: Half-Square Triangles & How to Sew Them