

## SERGER SAMPLER PILLOW

By Jaime David, BERNINA Educator

Machine Featured: **BERNINA L 890**

C13- Cover-/Chainstitch Foot

C16L- Large Piping Foot

Supplies:

(11) 2 ½" strips

(3) Fat Quarters

(2) Fuse & Fleece stabilizer 10"x36"

(2) ¼" Cording 36"

(4) Ribbon 12"

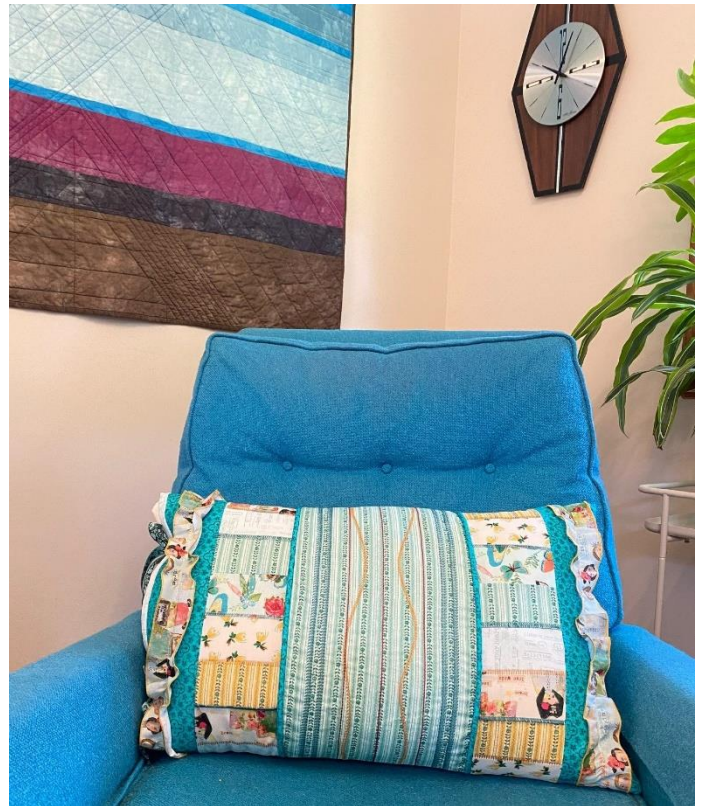
Thread:

Mettler Seracor

Wonderfil Softloc

Wonderfil Spagetti 12wt.

This project will explore a variety of stitches and techniques while making a fun decorative bench pillow. The pillow will be made in sections, then all the sections will join together to make the final pillow. You can take some design liberties as you like for the final design, but the directions will specify one order for the sections.



### Technique: Patchwork

Set up the machine for a **3-Thread Flatlock** using the right needle **stitch 6**

Foot: C11

Threads:

Needle- Seracor (ladder side)

Upper Looter- Decorative Thread (looper side)

Lower Looter- Seracor



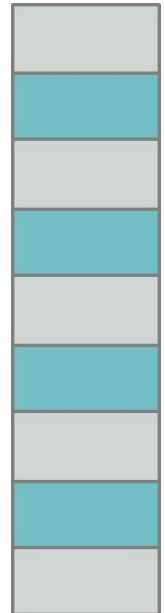
Sew two strips together WST (wrong sides together)—pull fabric apart so that one lays on top of the other (upper looper side showing on top).

Continue join strips together using variations of this stitch, try the following changes:

- Adjust the stitch length
- Place decorative thread in needle (use topstitch needle 90/14) and sew with RST (right sides together to reveal the ladder side of the stitch)
- Try wide 3-Thread Flatlock **stitch 5** (move needle to LN)
- Try 2-Thread Flatlock options (great to show ladder stitch)—don't forget to close the upper looper with the Upper Looper Converter
- Don't love the flatlock? Try a 3-thread Overlock **stitch 3** and **stitch 4**

Trim strips and stack until you have:

(2) 6"x33"strips (close is good enough-does not need to be exact)



### **Technique: Ruffles**

Set up the machine for a **3-Thread Rolled Hem** using the right needle **stitch 8**

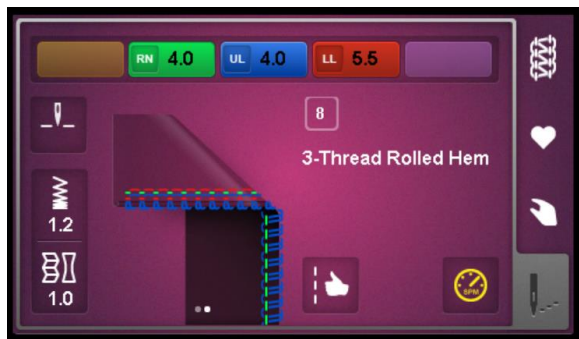
Foot: C11

Threads:

Needle- Seracor

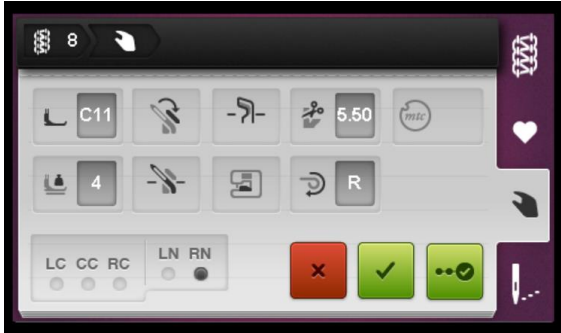
Upper Looper- Wonderfil Softloc

Lower Looper- Seracor

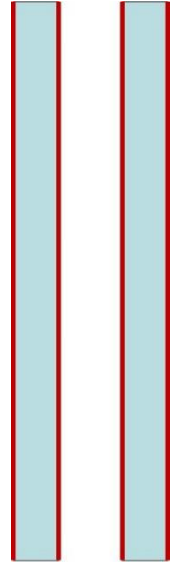


Don't forget to check your manual settings:

- Change the rolled hem selection lever to R
- Cutting width to 5.5
- Stitch length and tensions to default—but adjust as you like
- Test the stitch and perfect!



Add the rolled hem stitch to both sides of (2) strips.  
Set aside until chainstitch gathering technique (later in directions).



### Technique: Piping

Set up the machine for a **3-Thread Overlock** using the right needle **stitch 4**

Foot: **C16L**

Threads:

Needle- Seracor

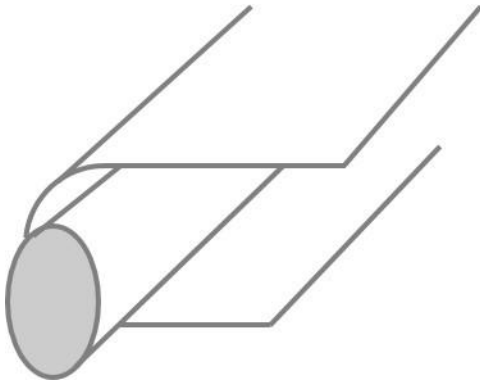
Upper Looper- Seracor

Lower Looper- Seracor



Don't forget to check your manual settings:

- Move the rolled hem selection lever back to O
- Cutting width back to 6
- Recommend increase presser foot pressure



Using ¼" cording (cut two pieces) and two strips, wrap the strip around the cording leaving a tail of cording to place into the groove of the presser foot with raw edges of the fabric in front of the cutting knife.

Make the piping for both sides and trim the fabric length to fit the cording  
Set aside until adding to the center panel (later in directions).

### Prepare the Center and Side Panels

- Choose one fat quarter for center panel (deco stitches) and one fat quarter for side panels (under ruffle)
- Cut the fat quarter in half (18"x10 ½")
- Sew the fat quarters back together with the 3-Thread Overlock on the short end, so you have a strip 36" long (approximately)
- Add the Fuse & Fleece iron-on stabilizer to the back of the fabrics
- Cut the Side Panel strip in half lengthwise (hotdog)—so you have two long strips

### Technique: Decorative Stitches

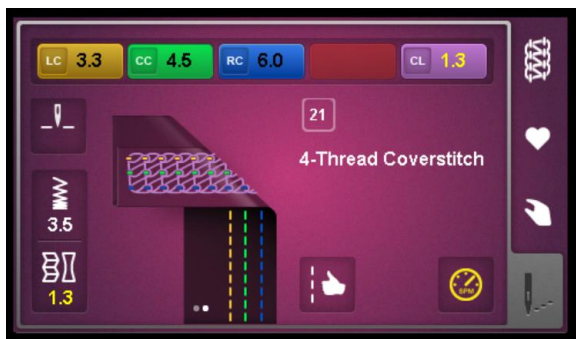
Set up the machine for a **4-Thread Coverstitch** using the all three coverstitch needle positions **stitch 21**

Foot: **C13**

Threads:

Needles- Seracor

Cover Looper- Wonderfil Spagetti



Follow the set up wizard to make sure that you make all the correct manual changes:

- Change the presser foot to C13
- Lower presser foot presser back to 4
- Move needles to coverstitch positions

- Lower the cutting knife and set cutting width to 5
- Attach the coverstitch insert
- Lower and lock the upper looper
- Thread the cover looper (foot up)
- Thread the needles (foot up)

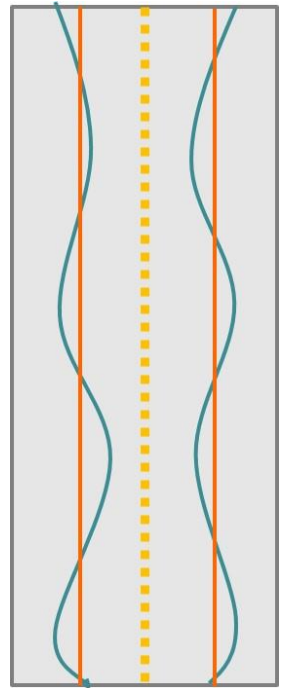
Test on a scrap (trim off ends of center panel- 3")

Recommend: increase stitch length and lower the cover looper tension

Sew rows of decorative stitches along the large center panel fabric with the **wrong side up**—you may want to use a pen to mark lines on the stabilizer so you have something to follow.

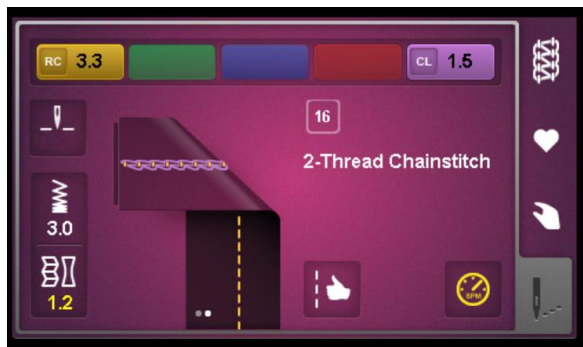
Continue sewing decorative rows of stitching on center panel (press between), try the following:

- Use various color treads
- Use various coverstitch options: **stitch 22, stitch 24**
- Use chainstitch: **stitch 16**



### Make the Ruffled Side Panels

Using the Chainstitch, **stitch 16**, gather the ruffle strips from technique above and then attach to the side panels (trim to 33" long).

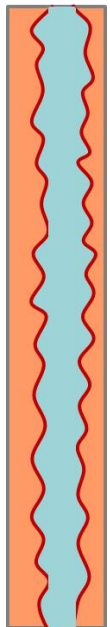


Make the following adjustments to create a gathered effect:

- Cover looper- Seracor
- Return to default settings by pressing clear
- Differential Feed: 1.2

Sew the chainstitch down the center of the strip, gathering slightly as it goes (it will gather more, but if you do too much the strip will be too short for the side panel).

Clear the chainstitch settings back to the default setting and use the chainstitch to attach the ruffle to the side panel (this is a lot like a sewing machine).



## Build Your Pillow

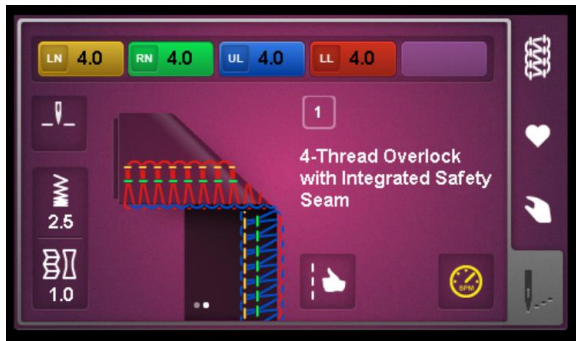
Set up the machine for a **4-Thread Overlock *stitch 1***

Foot: **C16L, C11**

Threads:

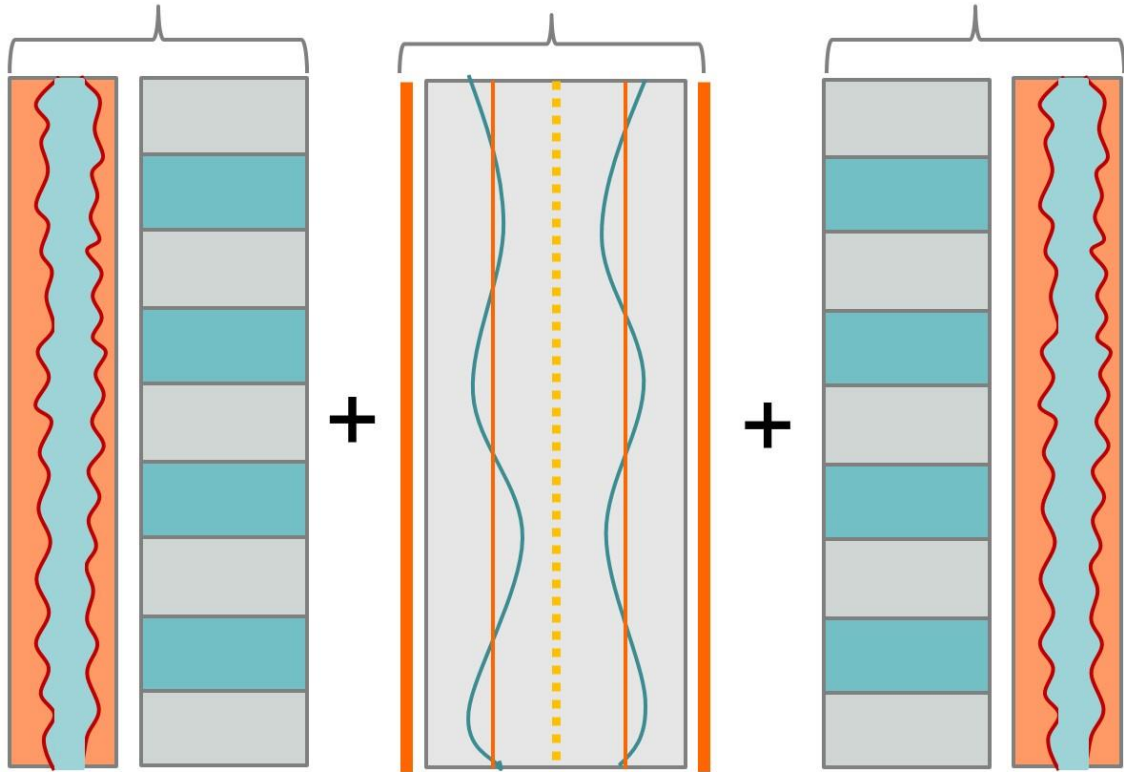
Needles- Seracor

Loopers- Seracor



Follow the set up wizard to make sure that you make all the correct manual changes and test sew for a balanced overlock stitch.

1. JOIN PATCHWORK & SIDE PANEL    2. ADD PIPING



3. JOIN ALL TOGETHER

### Assemble the Pillow Cover

1. Using Foot **C11**—join the ruffle side panel to the patchwork section.
2. Using Foot **C16L**—add the piping to the center panel.

3. Recommend: increase stitch length and increase presser foot pressure (hold fabric firm so it moves through flat).
4. Add the patchwork section to the piped center panel and use the Piping Foot C16L to join the sections together.
5. Trim thread tails and square up pillow top: 32"x24-26"
6. Evenly place the ribbons along the left side, starting at 4" from the edge with 8" between ribbons.
7. Add one strip (trim to length 33") to edge with ribbon RST and sew.
8. Press strip to the left.
9. Fold the pillow top in half RST.
10. Clip along the edge at the seams of the pillow sections (so they meet nicely).
11. Sew the long edge first, then sew the short end.
12. Trim the thread tails and press the strip (at ribbons) to the inside of the pillow.
13. Turn right side out, fill with pillow and tie—ENJOY!

