

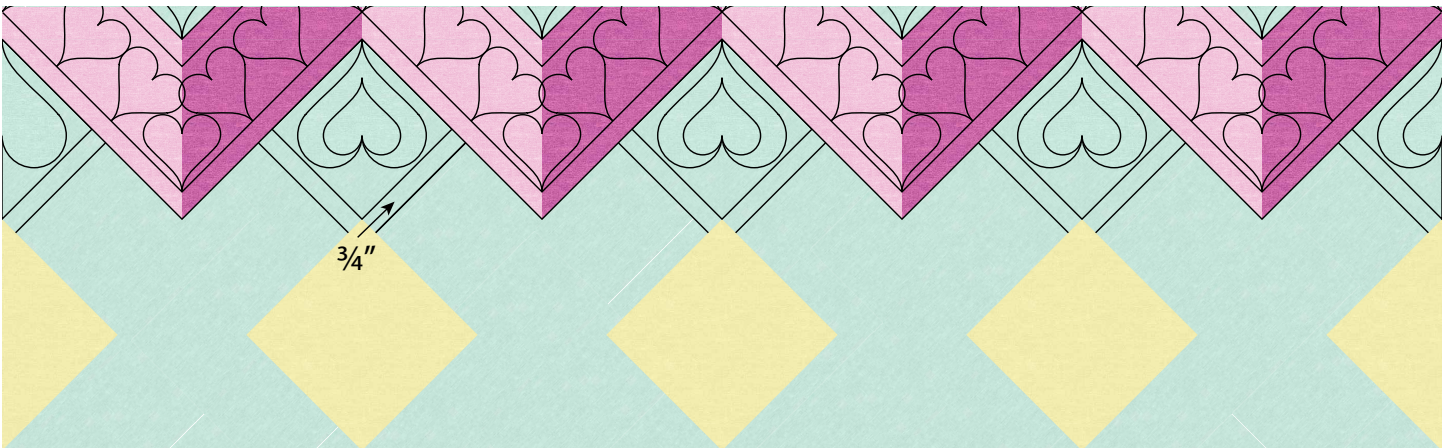
## Area F

*Note: I have dropped the pattern from the fabric in the following diagrams to make them easier to read.*

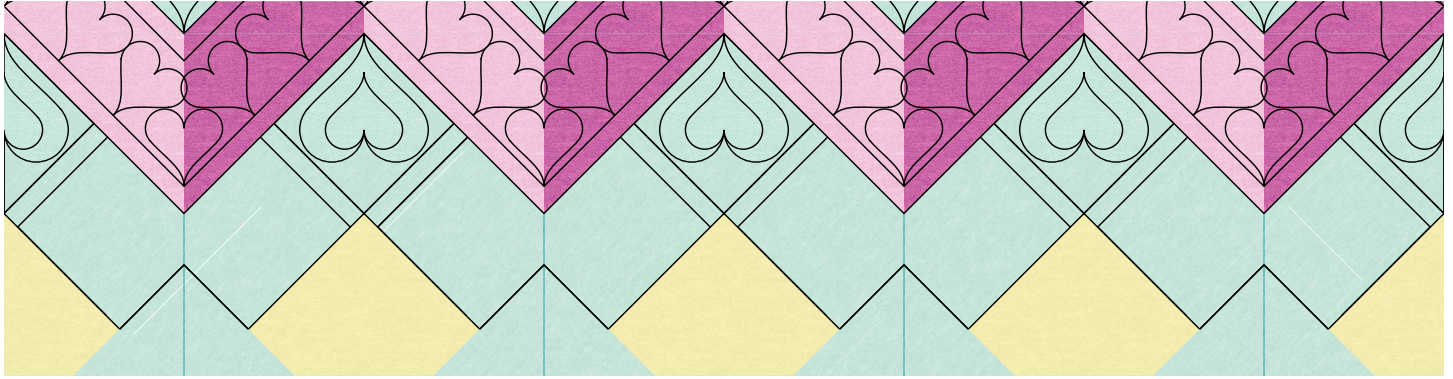
Switching back to Aurifil 5006, establish a diamond framework by extending the seamlines of the diamonds in the middle of the row up, to create another set of diamonds as shown. Echo quilt the framework you just quilted with lines  $\frac{3}{4}$ " away as shown. At each of the top corners of these diamonds quilt an upside-down 3" heart inside a 5" heart as shown.

### Optional Free-Motion Fills:

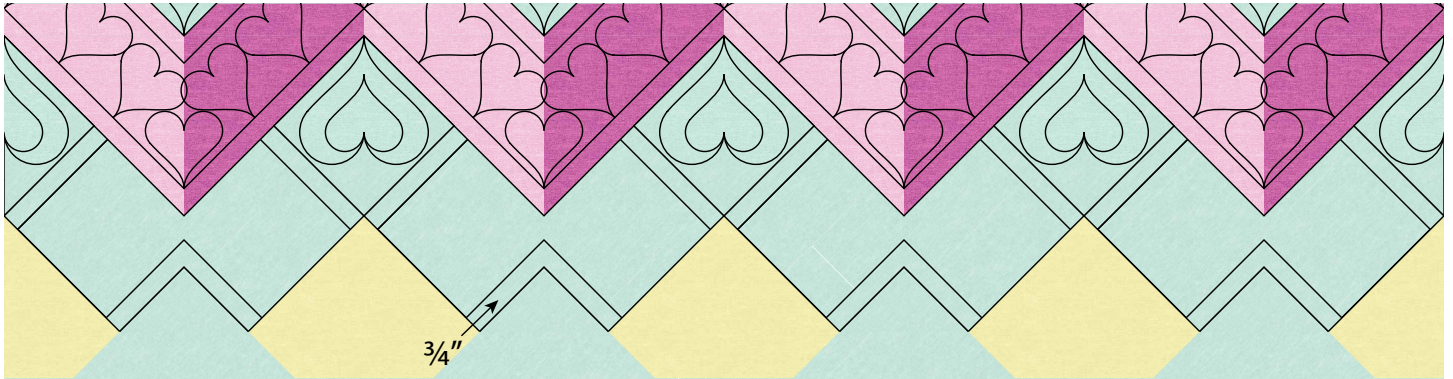
Quilt a small-scale meander inside the diamonds, behind the hearts.



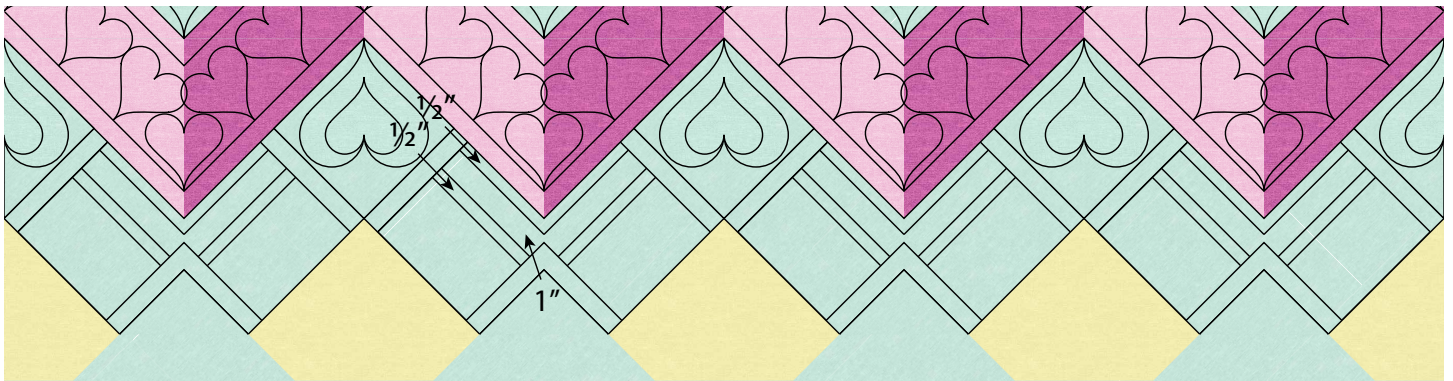
Quilt around the top of the diamonds in the center of the row, quilting 45 degree lines to travel from motif to motif as shown. Note that the pivots in direction will be directly below the seams in the zigzag rows. You can extend these seams with a water soluble pen to help! This will also stabilize the quilting area.



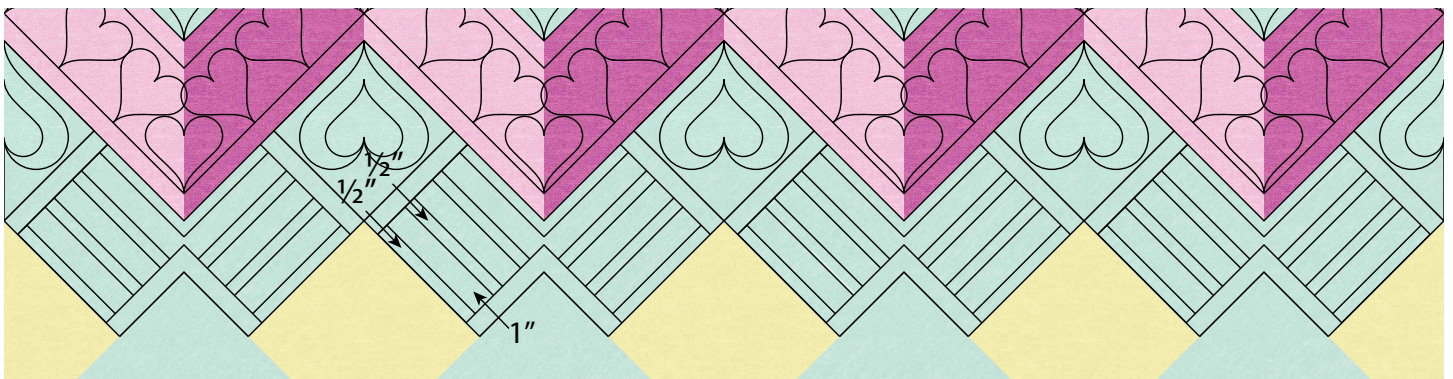
Echo quilt the framework you just quilted with lines 3/4" away as shown.



To make the quilting more cohesive we'll be filling in the background with 1/2" and 1" channels of quilting, similar to Area B. Traveling over the framework lines, quilt lines 1/2" away from the zigzag seams as shown, then 1" away, and then 1/2" away.



Do the same, working from the feature fabric diamonds upward. Note that by doing the quilting in this order, any discrepancies will happen in the central channels of the rows, so will feel deliberate.



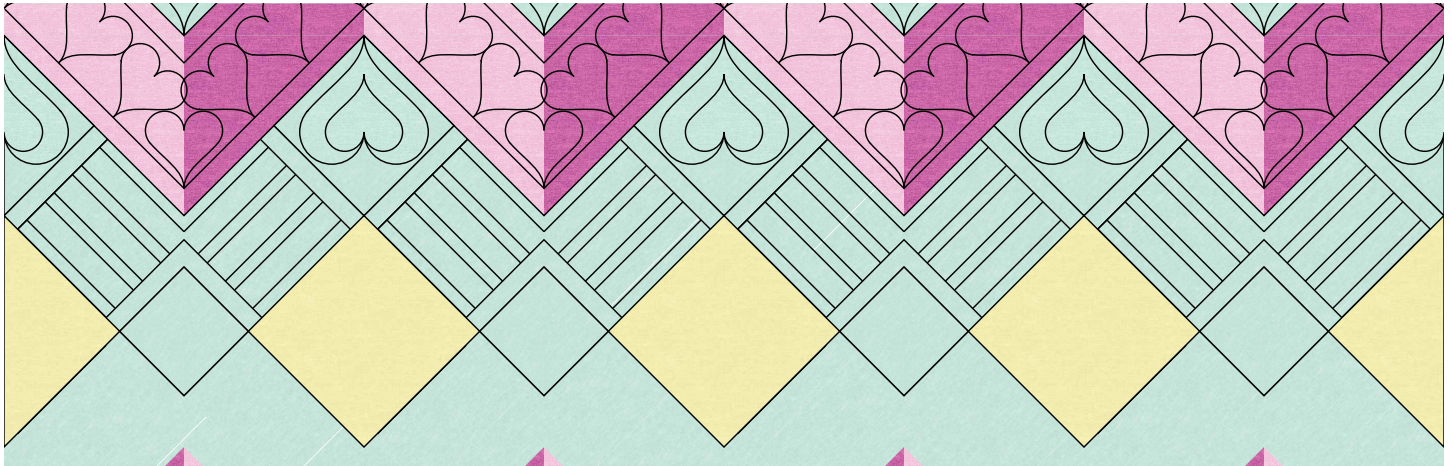


### Optional Free-Motion Fills:

Quilt fishbones in the 1" vertical channels.

### And back to rulerwork....

Quilt the seams around the bottom of the diamonds in the center of the Area F, quilting 45 degree lines to travel from motif to motif and creating even more diamonds!



Quilt a 3" heart inside a 5" heart in all four corners of the Feature fabric diamonds. *Below, the bottom motif is shown in pink to help your eyes isolate the motifs!*

Quilt a 3" heart in the center of the quilted diamonds that you formed with your traveling threads.

### Optional Free-Motion Fill:

Quilt a small-scale meander in the background, behind the hearts of those smaller diamonds.



### And to finish Area F...

Quilt the top of the next zigzag row and then quilt the bottom of Area F as a mirror-image of its top.

**To finish the quilting, quilt the rest of the rows as you come to them, rotating the motifs 180 degrees.**

Join the 2-1/4" wide binding strips into 1 continuous piece for binding. Press, folding in half lengthwise. Join the binding to quilt on the front, hand stitching to the back to secure.

Enjoy!

