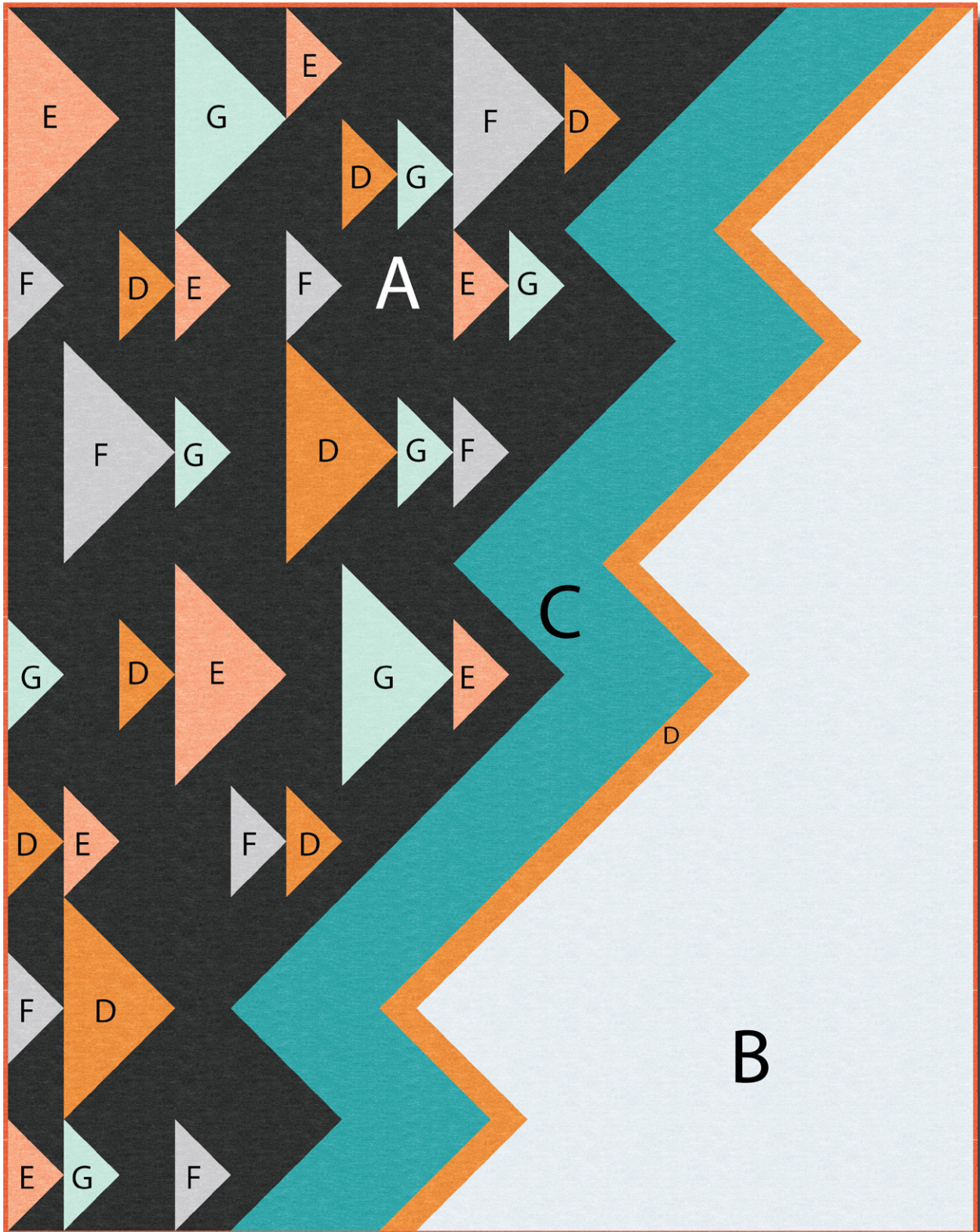


# Fast Forward Quilt-Along Month 2

A modern quilt by Amanda Murphy for BERNINA.

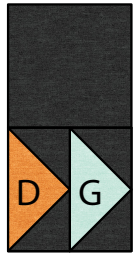
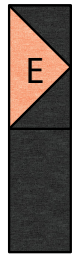


AMANDA *AM* MURPHY

## Row Assembly

### Row 1 Left Side

Following the diagram on the right, join a **Fabric E** Small Flying Goose to the top of a **Fabric A** rectangle  $3\text{-}1/2'' \times 6\text{-}1/2''$ .

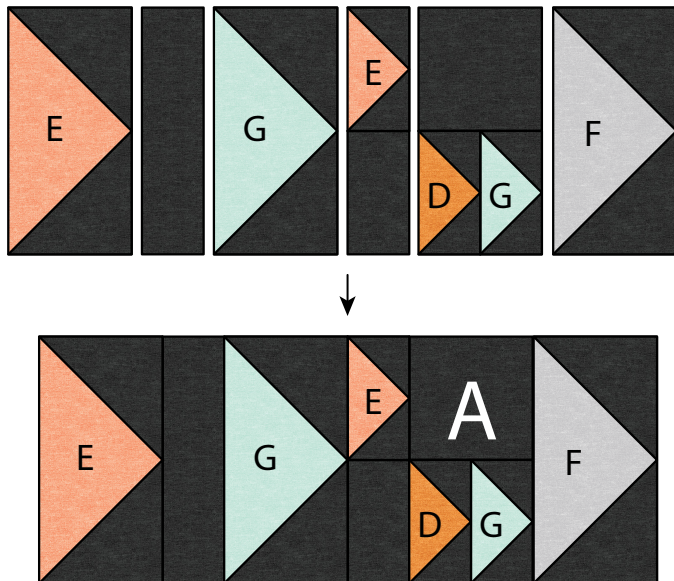


Following the diagram on the left, join a **Fabric D** Small Flying Goose to the left of a **Fabric G** Small Flying Goose. Join a **Fabric A** square  $6\text{-}1/2'' \times 6\text{-}1/2''$  to the top of this unit.

Following the diagram below, arrange the following units in this order:

- A **Fabric E** Large Flying Goose
- A **Fabric A** rectangle  $3\text{-}1/2'' \times 12\text{-}1/2''$
- A **Fabric G** Large Flying Goose
- The prepared **Fabric E** Flying Goose unit
- The prepared **Fabrics D & G** Flying Geese unit
- A **Fabric F** Large Flying Goose

Join the units together.



### Row 1 Right Side

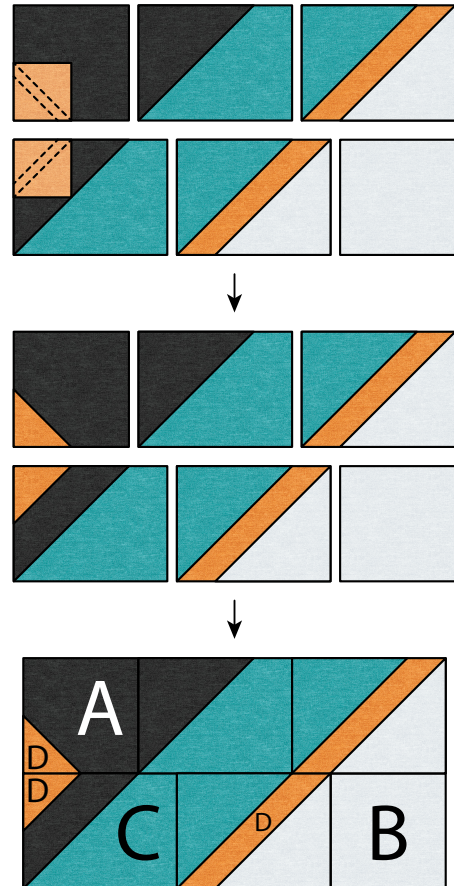
Following the diagram in the next column, arrange the Zigzag Units and a **Fabric B** square  $6\text{-}1/2'' \times 6\text{-}1/2''$  as shown.

Place a **Fabric D** square  $3\text{-}1/2'' \times 3\text{-}1/2''$  on the on the LOWER left corner of the leftmost block in the first row, right sides together and orienting the diagonals as shown. Sew right along the drawn line, a hairline more toward the outer corners to allow for fabric thickness.

Sew another seam  $1/2''$  away, closer to the unit's corner. Cut the unit through both layers down the middle of the two seams. The resulting units will each have  $1/4''$  trim lines. Place the smaller unit aside. Press the seam of the rectangular unit open.

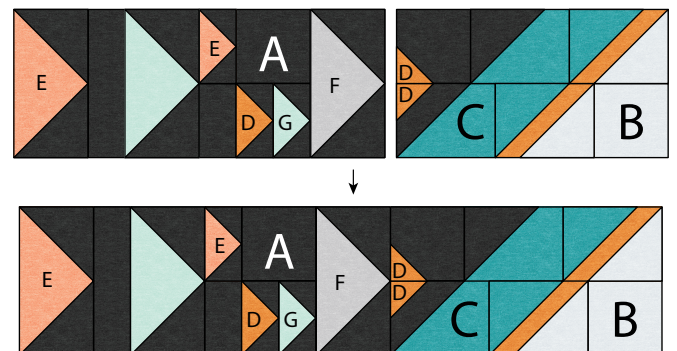
Repeat the process to attach a **Fabric D** "stitch-and-flip" triangle to the UPPER left corner of the block in the second row.

Join the units into rows. Join the rows.



### Row 1 Assembly

Join the left side of Row 1 to the right side of Row 1.

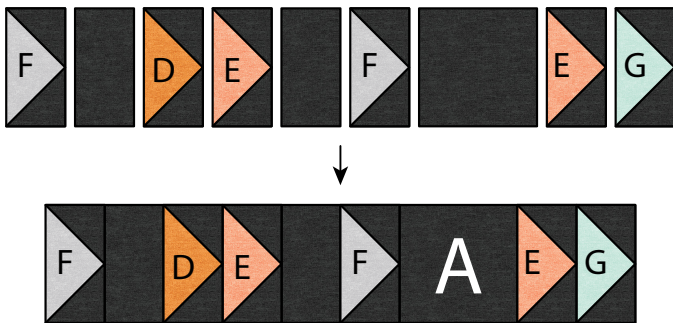


## Row 2 Left Side

Following the diagram below, arrange the following units in this order:

- A Fabric F Small Flying Goose
- A Fabric A rectangle 3-1/2" x 6-1/2"
- A Fabric D Small Flying Goose
- A Fabric E Small Flying Goose
- A Fabric A rectangle 3-1/2" x 6-1/2"
- A Fabric F Small Flying Goose
- A Fabric A square 6-1/2" x 6-1/2"
- A Fabric E Small Flying Goose
- A Fabric G Small Flying Goose

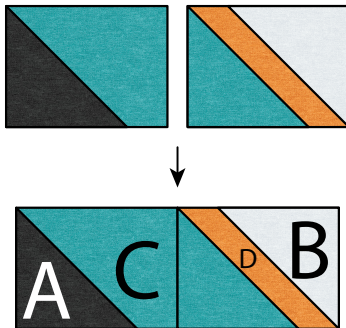
Join the units together.



## Row 2 Right Side

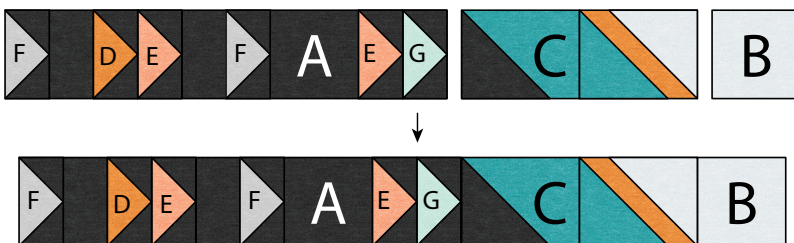
Following the diagram below, arrange the Zigzag Units as shown.

Join the units into a row.



## Row 2 Assembly

Join the left side of Row 2 to the right side of Row 2.  
Join a Fabric B square 6-1/2" x 6-1/2" to the right side of this unit.



### Row 3 Left Side

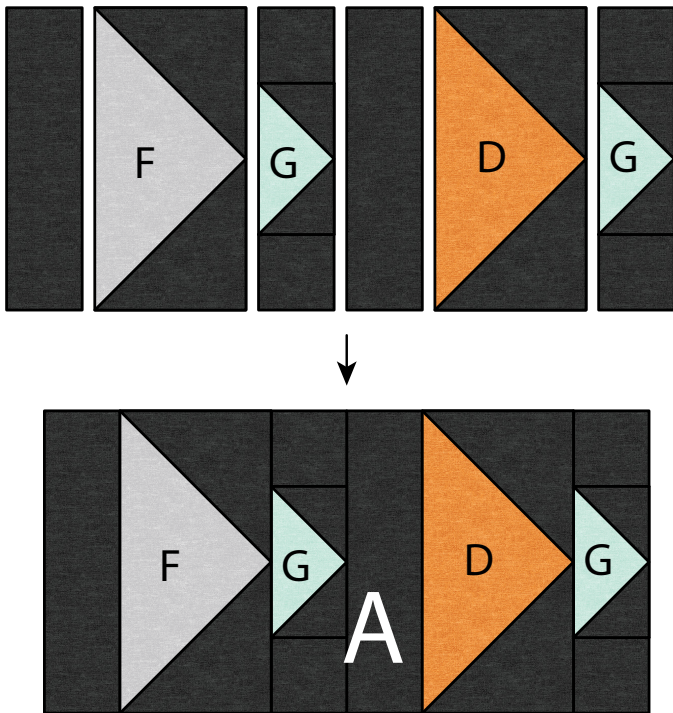
Following the diagram on the right, join a **Fabric A** square to the top and bottom of a **Fabric G** Small Flying Goose. Repeat to make a second identical unit.



Following the diagram below, arrange the following units in this order:

- A **Fabric A** rectangle 3-1/2" x 12-1/2"
- A **Fabric F** Large Flying Goose
- One of the prepared **Fabric G** Flying Goose units
- A **Fabric A** rectangle 3-1/2" x 12-1/2"
- A **Fabric D** Large Flying Goose
- The other prepared **Fabric G** Flying Goose units

Join the units together.



### Row 3 Right Side

Following the diagram in the next column, arrange the Zigzag Units, a **Fabric B** rectangle 12-1/2" x 6-1/2", and a **Fabric B** square 6-1/2" x 6-1/2" as shown.

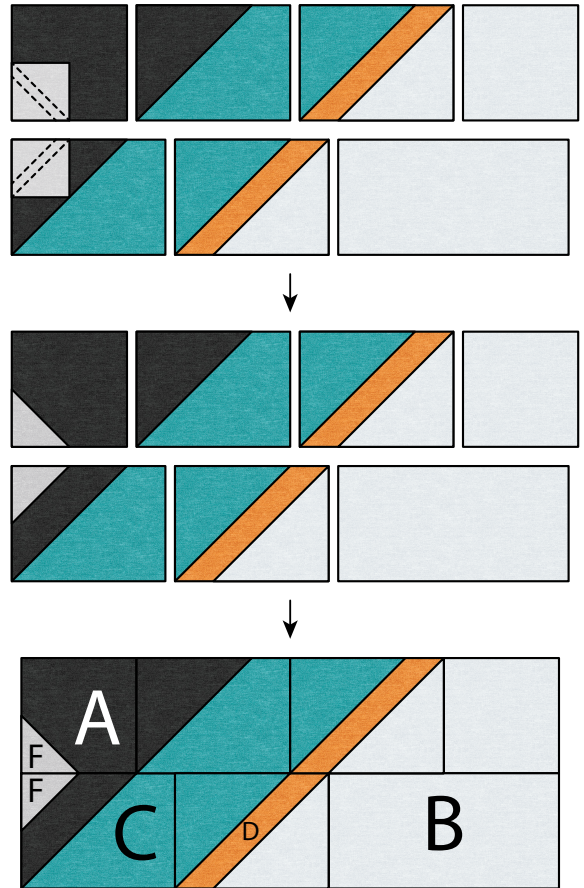
Place a **Fabric F** square 3-1/2" x 3-1/2" on the on the LOWER left corner of the leftmost block in the first row, right sides together and orienting the diagonals as shown. Sew right along the drawn line, a hairline more toward the outer corners to allow for fabric thickness.

Sew another seam 1/2" away, closer to the unit's corner.

Cut the unit through both layers down the middle of the two seams. The resulting units will each have 1/4" trim lines. Place the smaller unit aside. Press the seam of the rectangular unit open.

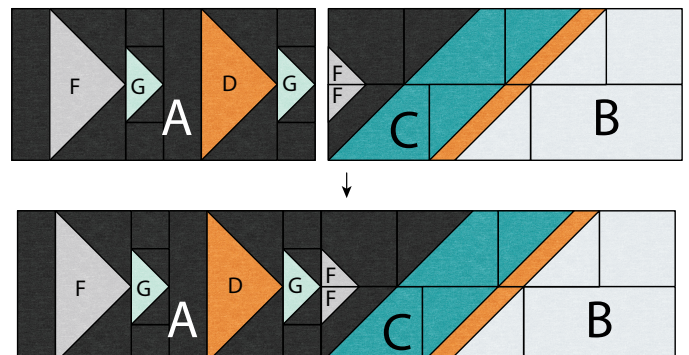
Repeat the process to attach a **Fabric F** "stitch-and-flip" triangle to the UPPER left corner of the block in the second row.

Join the units into rows. Join the rows.



### Row 3 Assembly

Join the left side of Row 3 to the right side of Row 3.



## Row 4 Left Side

Following the diagram on the right, join a **Fabric A** square to the top and bottom of a **Fabric G** Small Flying Goose.



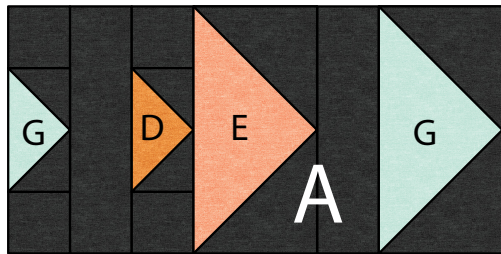
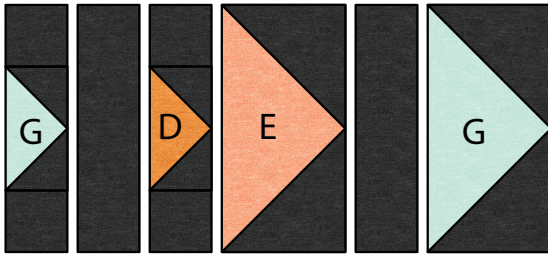
Following the diagram on the right, join a **Fabric A** square to the top and bottom of a **Fabric G** Small Flying Goose.



Following the diagram below, arrange the following units in this order:

- The prepared **Fabric G** Flying Goose unit
- A **Fabric A** rectangle 3-1/2" x 12-1/2"
- The prepared **Fabric D** Flying Goose unit
- A **Fabric E** Large Flying Goose
- A **Fabric A** rectangle 3-1/2" x 12-1/2"
- A **Fabric G** Large Flying Goose

Join the units together.



## Row 4 Right Side

Following the diagram in the next column, arrange the Zigzag Units as shown.

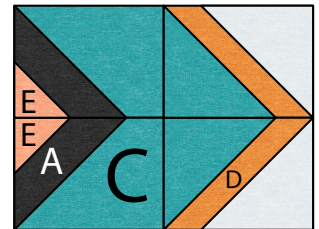
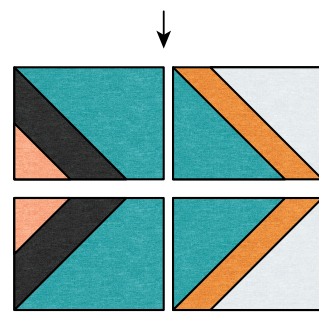
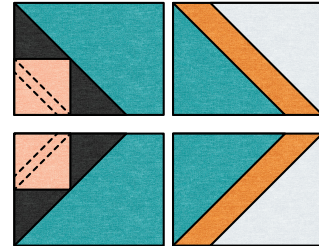
Place a **Fabric F** square 3-1/2" x 3-1/2" on the on the LOWER left corner of the leftmost block in the first row, right sides together and orienting the diagonals as shown. Sew right along the drawn line, a hairline more toward the outer corners to allow for fabric thickness. Sew another seam 1/2" away, closer to the unit's corner.

Cut the unit through both layers down the middle of the two seams. The resulting units will each have 1/4" trim lines. Place the smaller unit aside. Press the seam of the rectangular unit open.

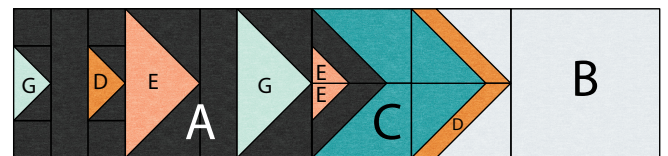
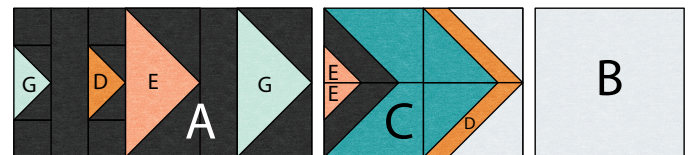
Repeat the process to attach a **Fabric F** "stitch-and-flip" triangle to the UPPER left corner of the block in the second row.

Join the units into rows. Join the rows.

## Row 4 Assembly



Join the left side of Row 4 to the right side of Row 4. Join a **Fabric B** square 12-1/2" x 12-1/2" to the right side of the row.

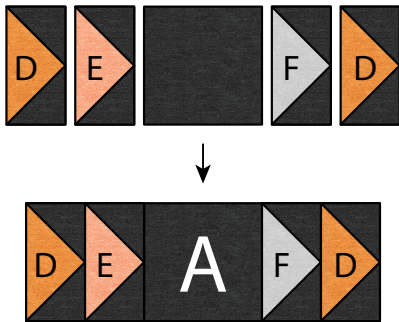


### Row 5 Left Side

Following the diagram below, arrange the following units in this order:

- A Fabric D Small Flying Goose
- A Fabric E Small Flying Goose
- A Fabric A square 6-1/2" x 6-1/2"
- A Fabric F Small Flying Goose
- A Fabric D Small Flying Goose

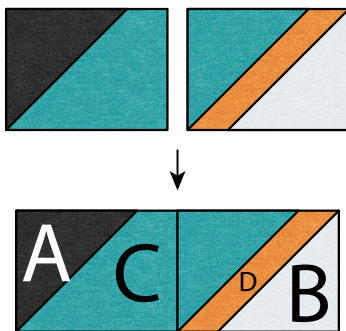
Join the units together.



### Row 5 Right Side

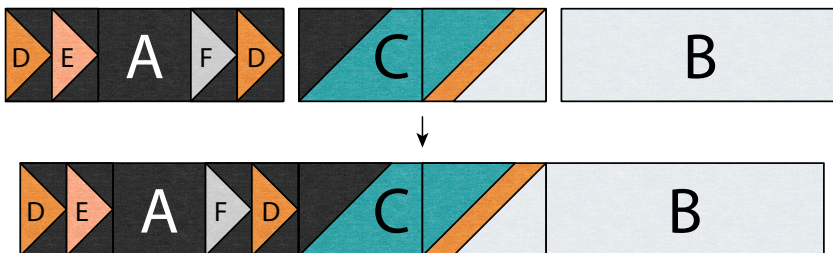
Following the diagram below, arrange the Zigzag Units as shown.

Join the units into a row.



### Row 5 Assembly

Join the left side of Row 5 to the right side of Row 5.  
Join a Fabric B rectangle 18-1/2" x 6-1/2" to the right side of this unit.



## Row 6 Left Side

Following the diagram on the right, join a **Fabric A** square to the top and bottom of a **Fabric F** Small Flying Goose.

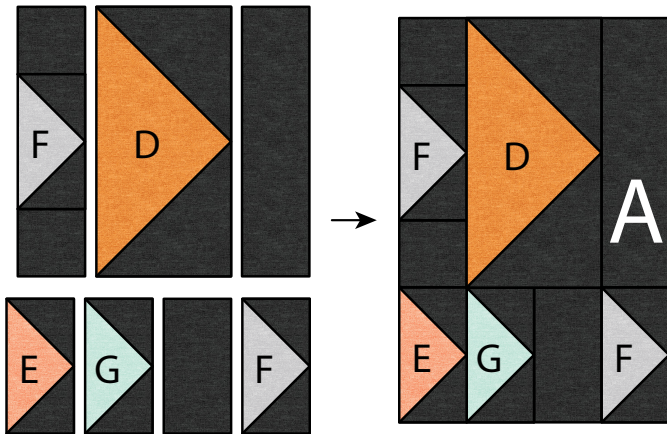
Following the diagram below, arrange the following units in this order to form the top half of this unit:

- The prepared **Fabric F** Flying Goose unit
- A **Fabric D** Large Flying Goose
- A **Fabric A** rectangle  $3\text{-}1/2'' \times 12\text{-}1/2''$

Following the diagram below, arrange the following units in this order to form the bottom half of this unit:

- A **Fabric E** Small Flying Goose
- A **Fabric G** Small Flying Goose
- A **Fabric A** rectangle  $3\text{-}1/2'' \times 6\text{-}1/2''$
- A **Fabric F** Small Flying Goose

Join the units together into rows. Join the rows.



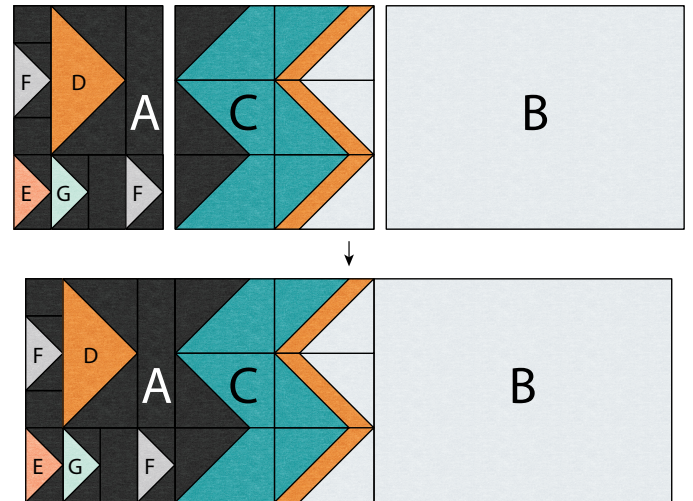
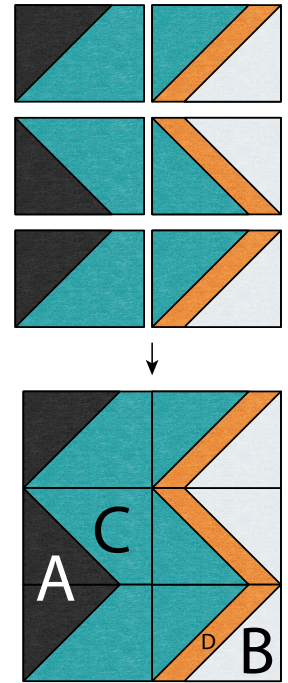
## Row 6 Right Side

Following the diagram on the right, arrange the Zigzag Units as shown.

Join the units into rows. Join the rows.

## Row 6 Assembly

Join the left side of Row 5 to the right side of Row 6. Join a **Fabric B** rectangle  $18\text{-}1/2'' \times 12\text{-}1/2''$  to the right side of the row.



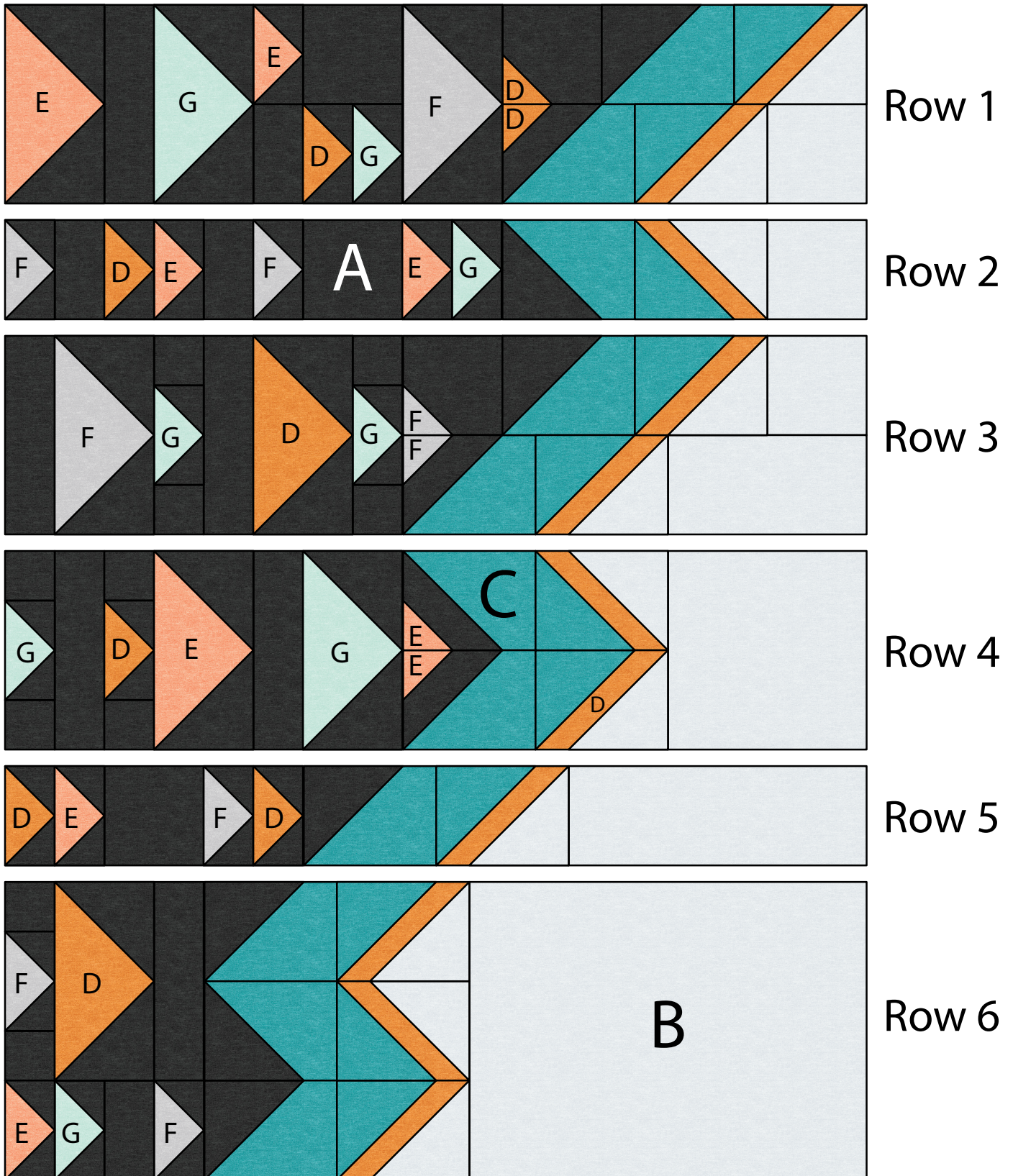
## Extra Units

In the process of assembling the rows, you've made the 6 small half-square triangle units shown on the right. Press their seams open.

Trim the small half-square triangles to  $2\text{-}1/2'' \times 2\text{-}1/2''$ . We'll use these for the bonus project.

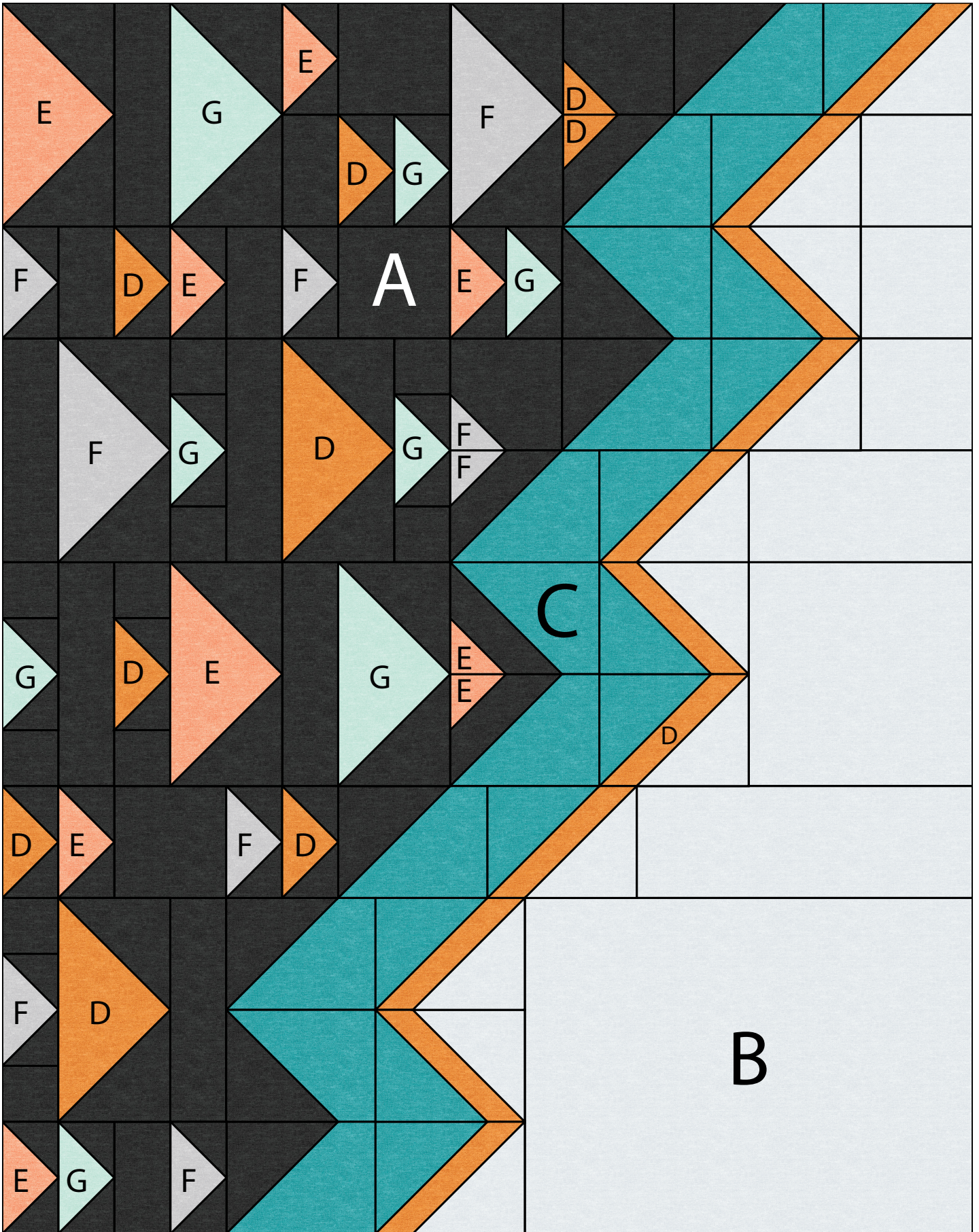


Finally, join the rows together, pressing the seams open!

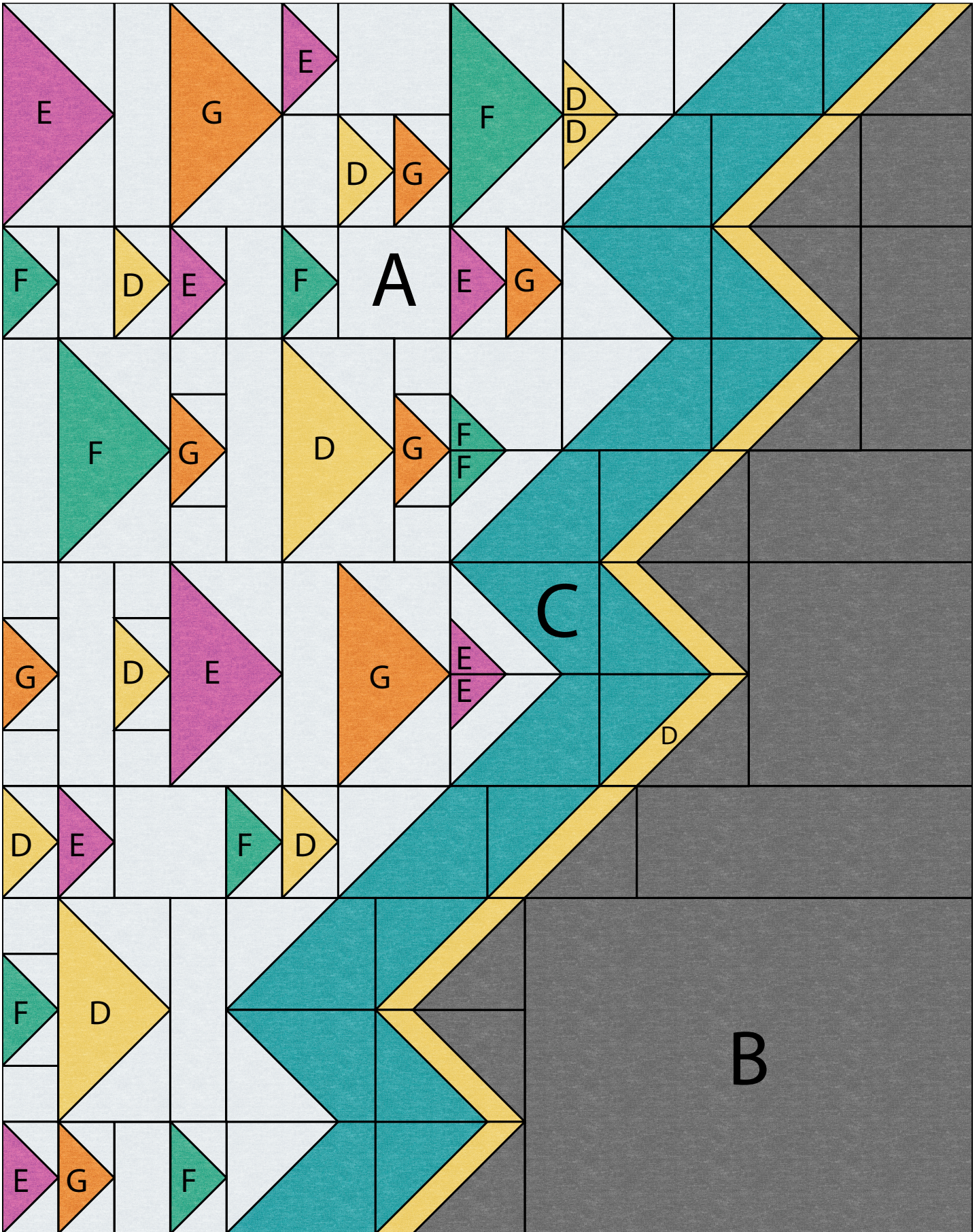


Fast Forward Assembly Diagram

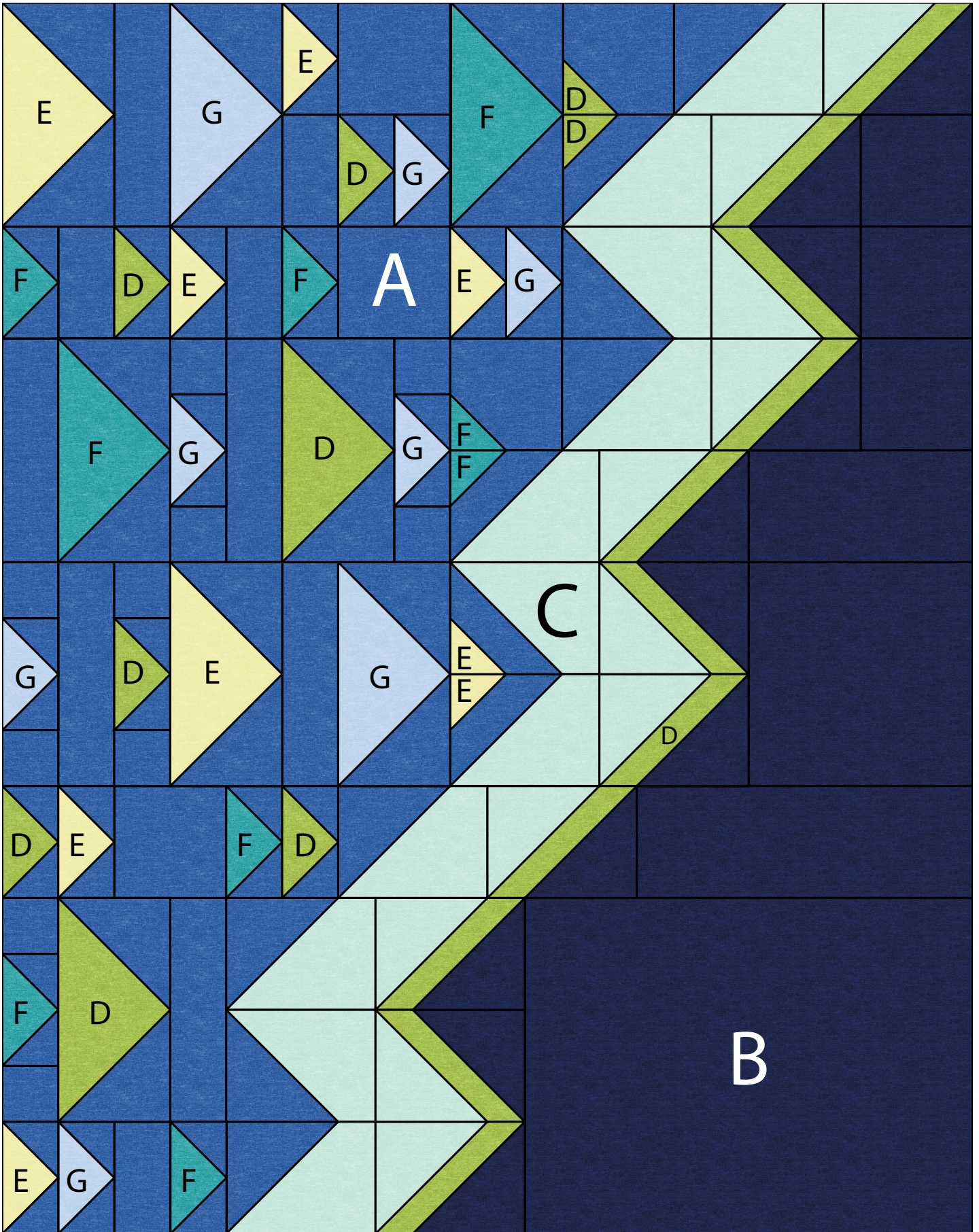




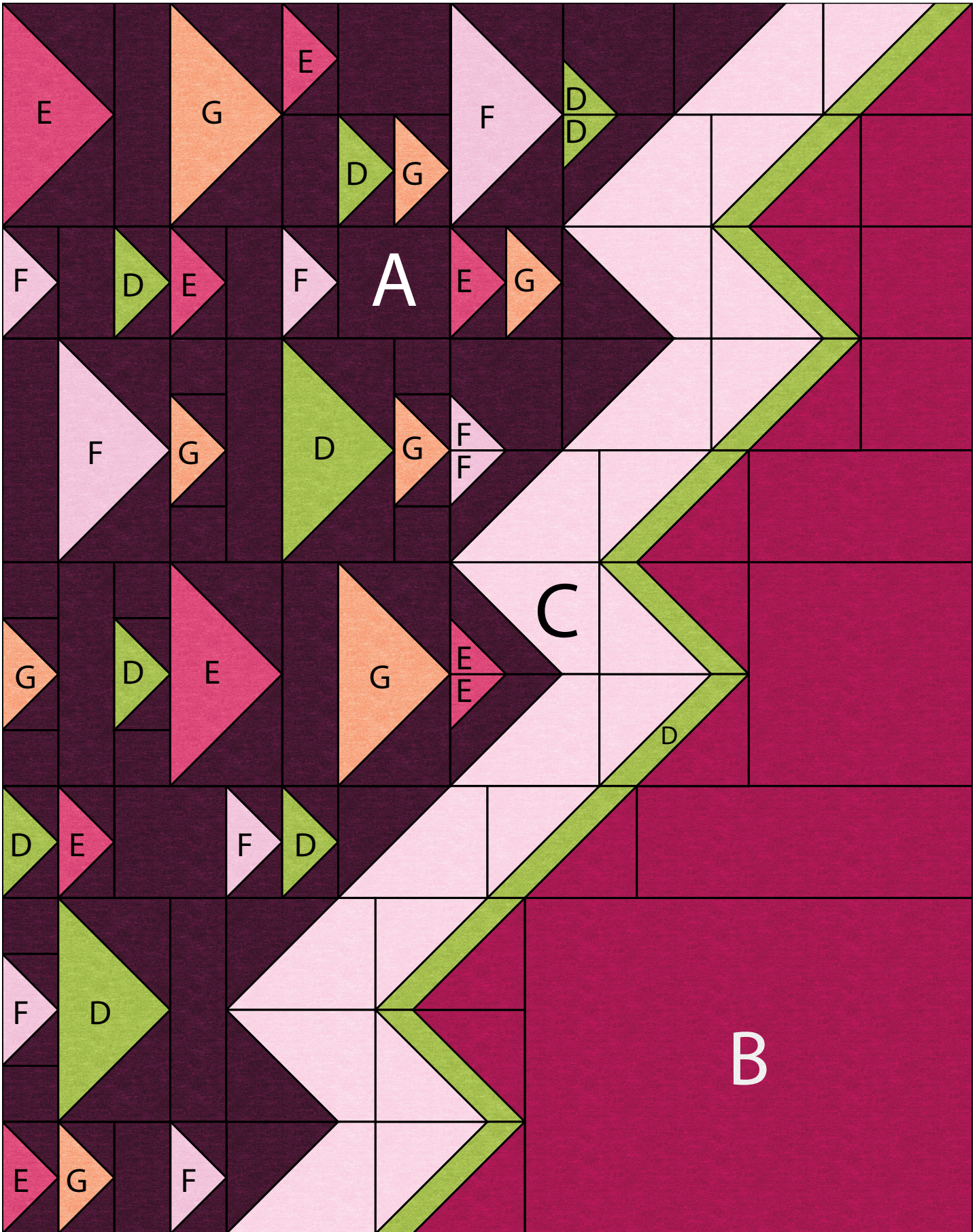
Fast Forward Quilt Top Color Scheme A



Fast Forward Quilt Top Color Scheme B



Fast Forward Quilt Top Color Scheme C

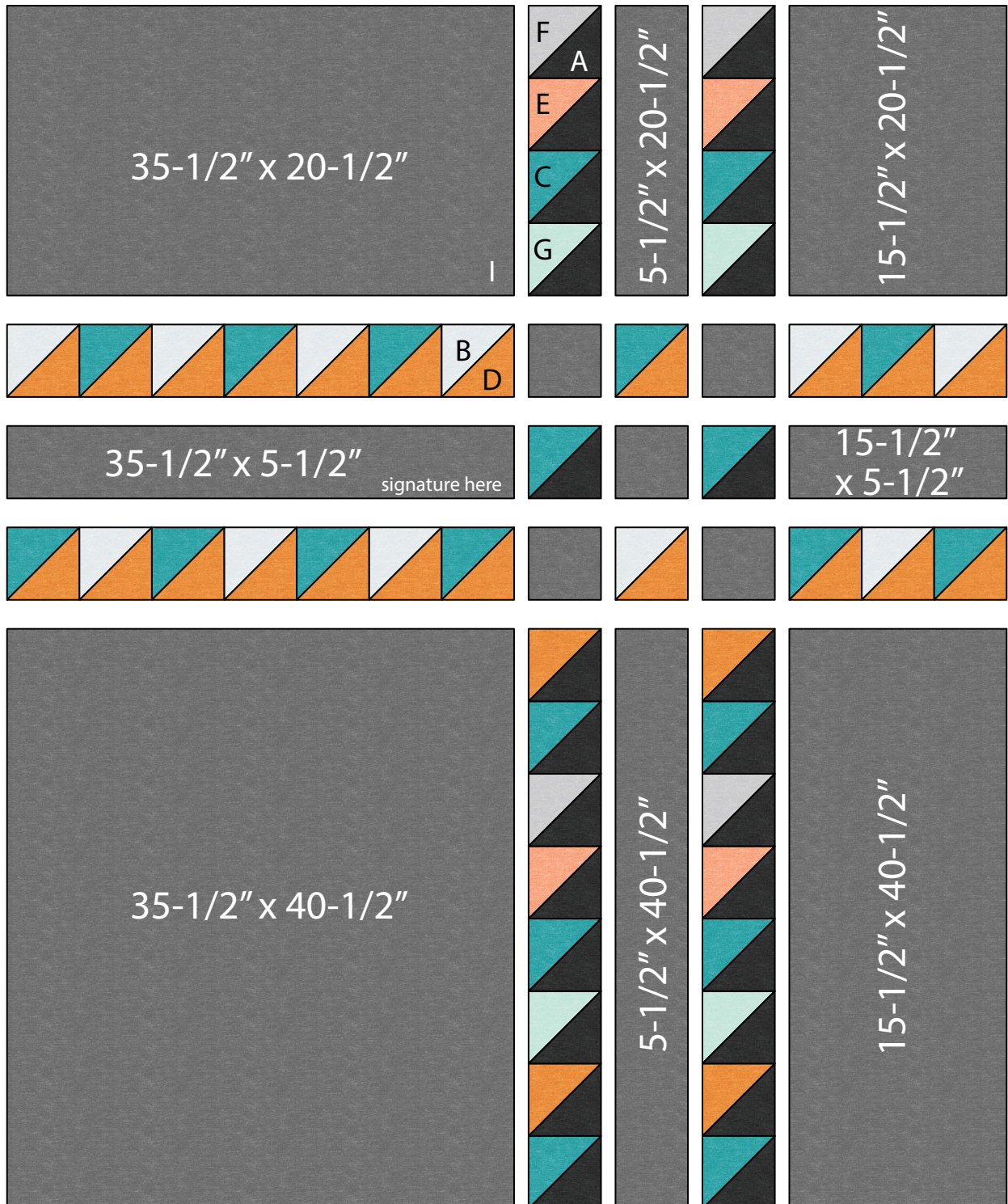


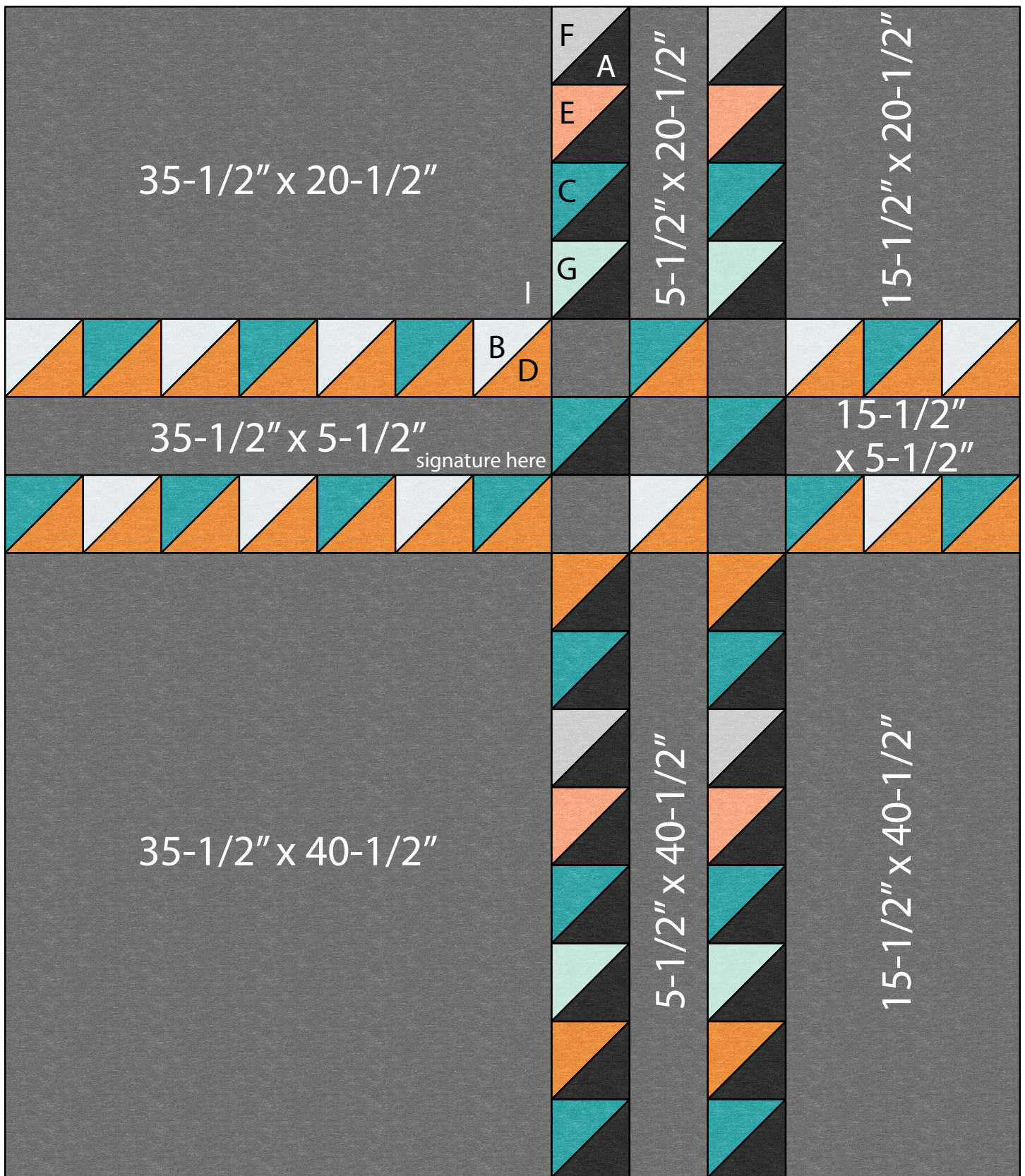
Fast Forward Quilt Top Color Scheme D

## The Quilt Backing

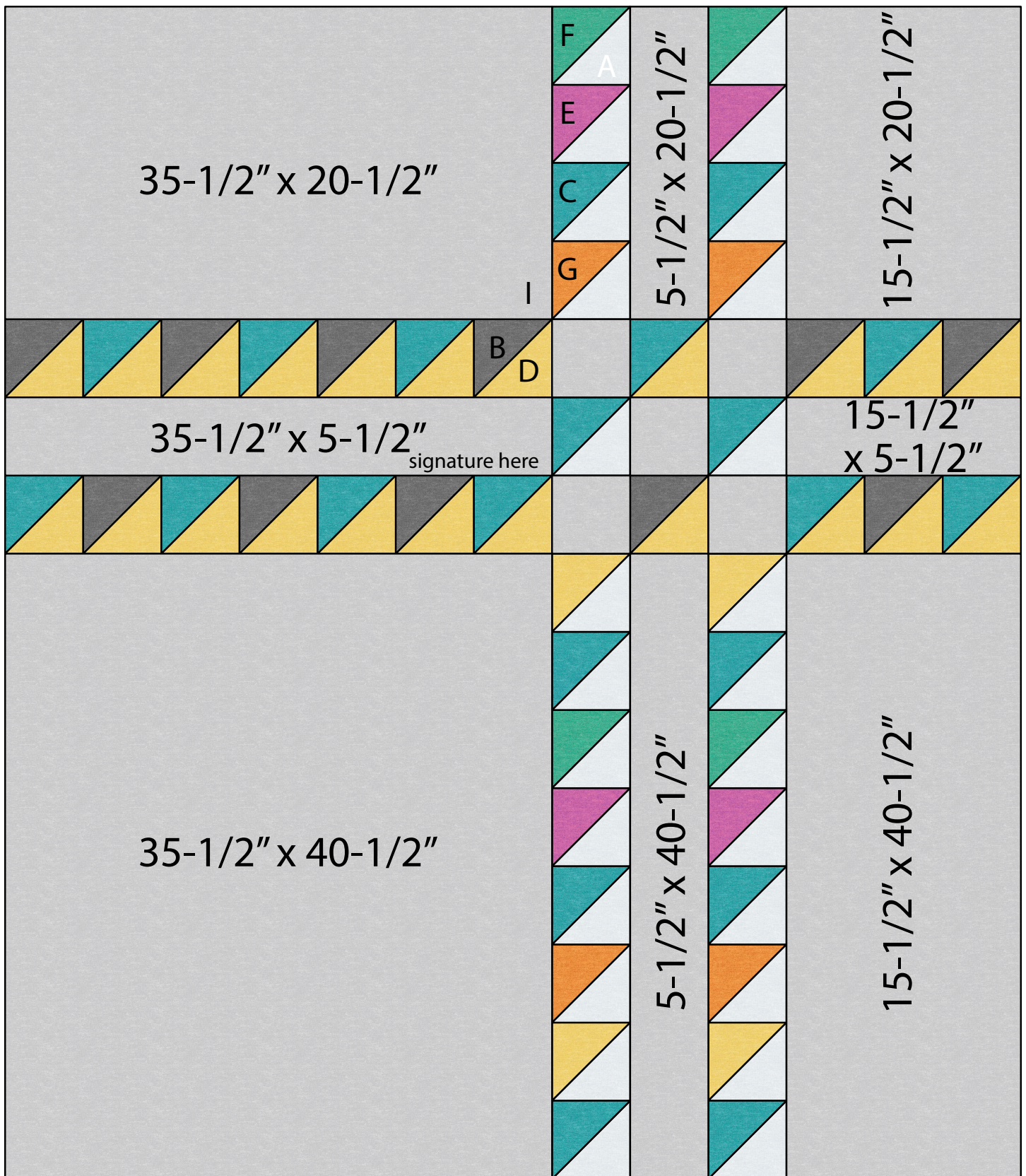
Note: Usually I like to have my backing extend 5" beyond my quilt top on all sides. But because the design for the back was based on the Half-Square Triangle Units, it ended up measuring 65" x 75". This meant it was a little short of 5" wide on the sides and a little more than 5" wider than the quilt top on the top and bottom, but it was close enough.

To make the quilt backing, arrange the Half-Square Triangle units 5-1/2" x 5-1/2" with the Fabric I rectangles and squares as shown below. (You can embroider or sew your signature on one of the Fabric I rectangles as indicated below - be sure to allow room for the seams!) Join the half-square triangles into units as shown. Join these units with the Fabric I rectangles and squares to form rows, backstitching at the ends that are at the edge of the backing. Join the rows, backstitching at the ends that will be at the edge of the backing.

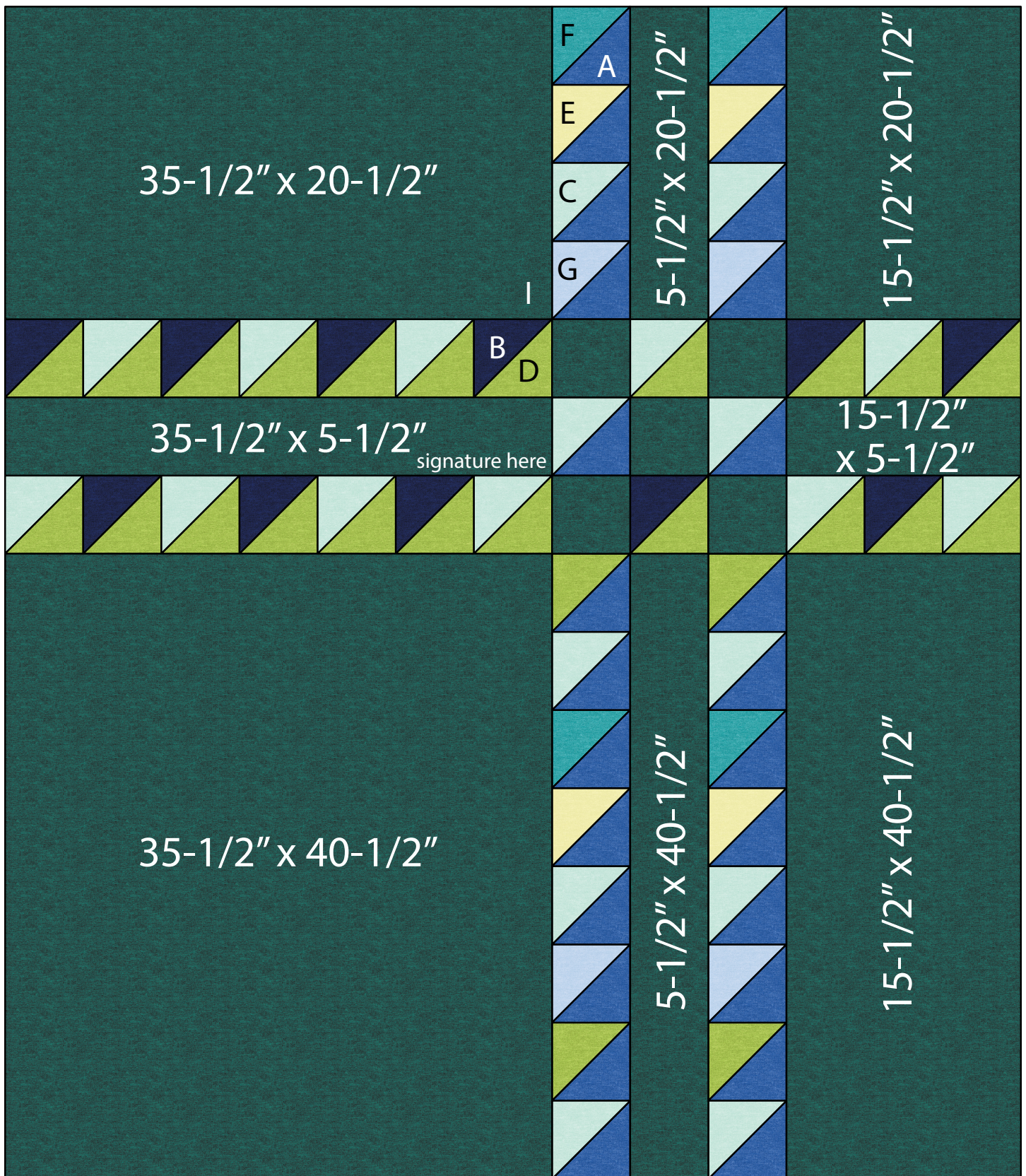




Fast Forward Backing Color Scheme A

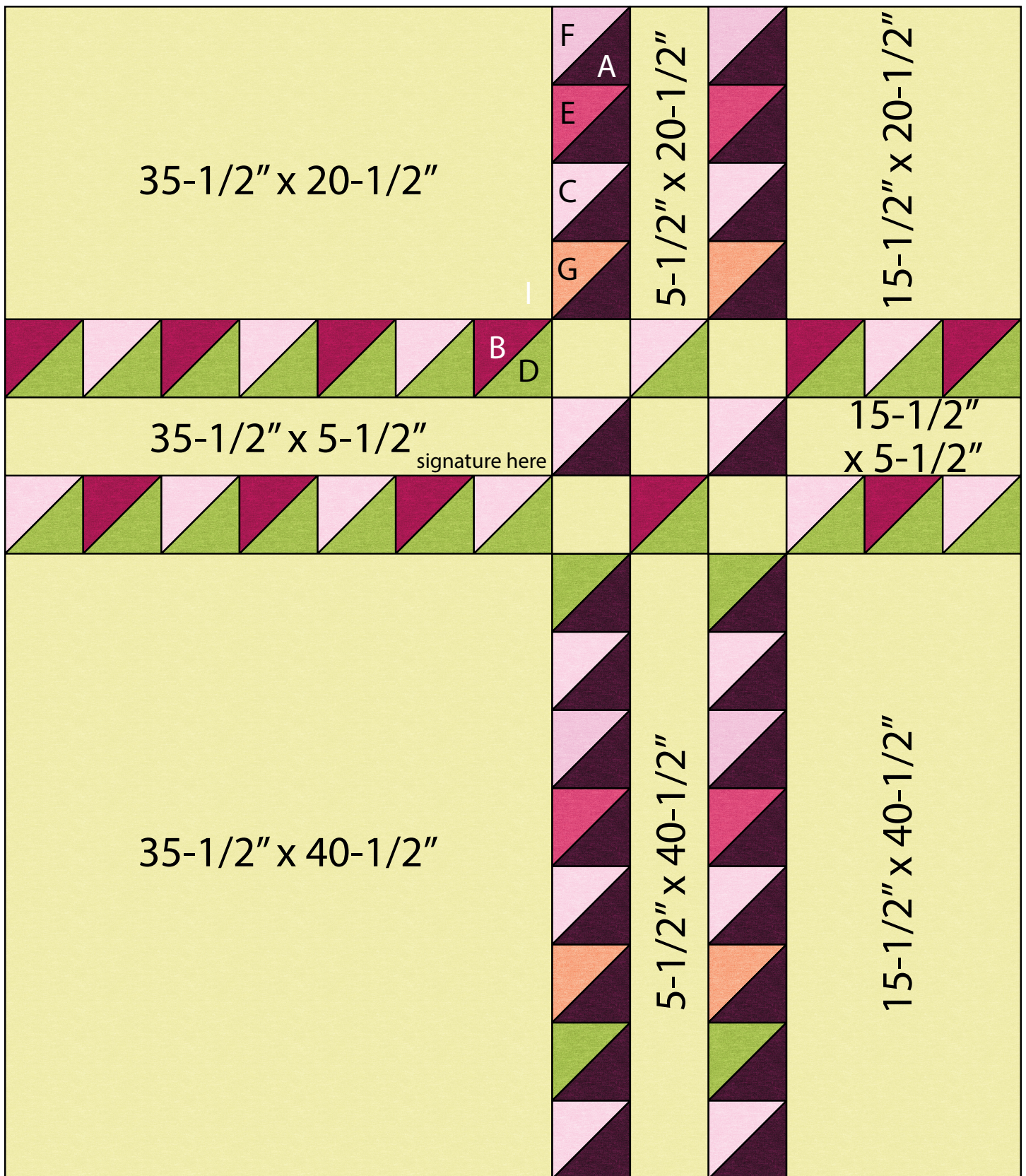


Fast Forward Backing Color Scheme B



Fast Forward Backing Color Scheme C





Fast Forward Backing Color Scheme D